NOV 2025 / VOL 31 /ISSUE 5

**Happy Thanksgiving to you all!** I am so thankful for our NH Lions and all that you are doing for our communities and the world!

**Serve Louder** -Lions are humble people. We like to let our actions speak louder than our words. However, we must not be afraid to talk about our service. Only by serving louder can we bring in more Lions to serve even more people in our communities.

This was on a recent email I received from President AP Singh. It is so important to ROAR about the service we do whether it is via social media posts or local media posts, and of course through your Portal posts! Try to make sure you have someone in the club who is willing to take pictures and then post them with all activities you are doing so our communities understand the impact of Lions service.

I have had the privilege of visiting the Granite State Virtual Club and assisting with their Halloween Howl Trunk or Treat event, the Manchester Lions Club inducting 3 new members and the Bedford Lions Club inducting 2 new members. I also helped the Littleton Lions Club with their annual Car Show which was quite impressive. What a wonderful turnout we had for the NAMI walk. Thank you to GST Cheryl Patty for setting up the team for us. It was a beautiful day and so much fun. I will also be visiting with the Enfield Mascoma Lioness club prior to the publishing of this article.

I would like to give a Shout Out to GMT Christine Greenwood Smart, PDG Sue Lindberg and GLT Tom Reynolds for conducting a great Guiding Lions class. Congratulations to the 14 lions who are newly certified guiding lions now!

I hope I will see many of you at the Berlin Gorham Charter Celebration. I will be coming up as soon as I finish with the Alzheimer's Walk that morning. I hope I will make it in time to help with the food packing.

I was asked to include the Club Excellence criteria again for this year so here it is:

#### **Club Excellence Award Criteria**

The Club Excellence Award acknowledges the dedication and legacy of service within individual clubs and is the foundation for excellence awards presented to Zone Chairpersons, Region **Chairpersons and District Governors.** 

#### (DG Pam's message continued)

#### **Membership**

- Induct a minimum of two or 20% new members, whichever is greater (not including transfer, reinstated or charter members). Eligibility is determined based on the club's membership count on June 30th of the previous Lion year.
- Or sponsor a new Lions club.

#### **Service**

• Report a minimum of four service activities to Lions International. Three of these activities must show participation in each of the three International <u>Weeks of Service</u>.

#### Leadership

- Report newly elected club officers in Lion Portal by May 15 of the current Lion year.
- A minimum of 10% of the club's members complete any three courses in the <u>Lions</u> Learning Center.
- The club president for the current Lion year must not have served more than two consecutive terms.
- A minimum of two or more club officers (president, vice president, secretary or treasurer. Of which, one must be the club president) complete Club Officer Training (online with the Lions Learning Center or in-person as reported by a GLT coordinator in Learn) between May 1– Dec 31.

#### **Donations**

• <u>Contributed to LCIF</u> a minimum of the club's membership total on June 30th of the previous Lion year, multiplied by US\$20.

Pamela "Pam" Prentiss, D44N Governor Serving Together in Harmony



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ANYONE WISHING TO SUBMIT A
RESOLUTION FOR CONSIDERATION
AT THE JANUARY MD44 CONVENTION,
MUST SUBMIT THE PROPOSED
RESOLUTION TO
RESOLUTIONS CHAIR
PID ED LECIUS AT
LIONCOMMISH@GMAIL.COM

NO LATER THAN NOVEMBER 15, 2025



Childhood Cancer

For our District Meeting on November 8th, we will be having a speaker from Childhood Cancer Lifeline of NH.

Our District Governor has asked that we bring some things to donate to the children who are battling cancer.

But we would like to do a little more.

I will have these childhood cancer pins for sale for \$5 each.

All money raised from this will be given to our speaker to go toward the "Gas Card" program to assist families with getting their children to treatment.

Please plan on joining me in helping these families who are already going through such a painful time.

Your donation will help so much.

See you all at the District Meeting!

Sue Lindberg Childhood Cancer Coordinator

#### Berlin-Gorham Lions Charter Ceremony

The state's newest Lions Club, Berlin-Gorham, held their official Charter Day celebration on Saturday, October 25th at the Town & Country Inn.

Prior to the ceremony, Lions from 44N, 44H and 41 gathered and packed 2,000 meals for use in the area.

IPID Steve Middlemiss from the Hudson Lions was the guest speaker and inducted the new Lions. The club chartered with 32 members and picked up a 33rd at the event. PID Ed Lecius from the Nashua Lions inducted the club officers as well as Guiding Lions PCC Alan Ricard and PDG Henry McKee. PID John and Karol Youney from District 41 (Maine) also took part in the meal packing.

IPID Steve presented club president Travis Taylor with the club charter and congratulated the new club members.











#### REGISTRATION

## DISTRICT 44N MEETING Saturday, November 8, 2025



**Enfield Community Building** 308 US Route 4, Enfield NH 03748

Registration: 9:30 AM Meeting Open: 10:00 AM

~ Guest Speaker from Childhood Cancer Lifeline of NH ~

**SERVICE** – Please bring Card Games, Sketch Pads, Sticker books, Markers, Colored Pencils, small Lego sets so that delivery bags may be filled up for kids in the hospital. Also, cash donations are accepted to go toward the "Gas Card" program to assist families with getting their child to treatment.

**COOKOFF** – Please bring your favorite Chili or Beef Stew recipe. If you have a favorite Cornbread recipe, you can make that too! Plans are to serve your delicious Chili and Stew for Lunch while your vote on the favorite will be taken.





REGISTRATION	
Club:	
Attendee(s):	
*Please indicate what you will be bringing: ( ) Stew, ( ) Chili, ( ) Cost per person: \$20.00	Cornbread
***********************	*****
) Will be attending with <b>No Meal:</b> Cost per person: <u>\$ 5.00.</u>	
· * * * * * * * * * * * * * * * * * * *	*****



#### Nancy Charbono-Ricard, First Vice District Governor

Dear Lions, Lioness Lions, and Leos,

I had the great pleasure of attending several club meetings last month and hearing firsthand about completed projects and exciting upcoming activities. Clubs across 44N are hard at work supporting and caring for their neighbors. At each visit, I shared District Governor Pam's goals and highlighted upcoming events. I also had the privilege of installing club officers and inducting new members.

Thank you to the Hinsdale Lions, Wilton Lions, Brookline Lions, Whitefield Lions, Milford Lions, and Franklin Area Lions for your warm hospitality—and for all that you do for your communities.

Congratulations to the newly chartered Berlin-Gorham Lions Club, and to the Lions and friends from around the state who joined in packaging 20,000 meals during your charter celebration on October 25. It was a wonderful day of service and recognition.

I encourage all Lions and Lioness Lions to attend the District Meeting in Enfield on November 8. It's a great opportunity to stay informed, get inspired, and connect with fellow Lions who share your passion for service. We'll celebrate recent accomplishments, look ahead to upcoming initiatives, and strengthen the bonds that make

our District so vibrant. Your presence matters—let's keep the momentum going as we ROAR into the future together.

Looking ahead, I invite you to serve on my cabinet beginning July 1, 2026. If you're inspired by Lionism's global causes, consider leading one—and contributing a monthly article to the *ROAR* newsletter to share updates, stories, and insights. If your passion lies in service, leadership, or membership, there are opportunities to join the Global Action Team. And if you're interested in serving as a Zone Chair or participating on a district committee, I'd love to hear from you. I don't want to miss anyone who's ready to make a difference!

I look forward to working with you as we continue to promote our extraordinary service organization. Please don't hesitate to contact me if I can be of assistance at your meetings, fundraising events, or service projects.

Thank you for making a difference in your communities.

Nancy First Vice District Governor



# MULTIPLE DISTRICT 44 MID-WINTER CONVENTION January 23-25, 2026

Fireside Inn & Suites, 25 Airport Road, West Lebanon, NH

## \*WANTED! Raffle Baskets\*







Seeking clubs and individuals to donate raffle baskets!

Please contact Nancy Charbono-Ricard
to donate or for more information.

nancy.charbono@dartmouth.edu or 603-523-9947 or 603-359-7321

## \*WANTED! Volunteers for the Hospitality Room\*

Seeking two members from each District to join the team! Help recruit food and beverage donations or rally volunteers! Please contact Tracy Pierce to help or for more information.

Tracy.Pierce54@gmail.com or 603-930-8680

THANK YOU!

#### Gratitude, Gathering & Good Lions:

November Notes from Your District 44N Secretary/Treasurer 🏶

Hello Lions of 44N!

November has arrived — the season of **gratitude**, **giving**, **and gathering**. While the leaves may be falling, our service is only rising, and I am so proud of the work you're all doing across the district. Whether you're collecting coats, packing Thanksgiving baskets, or simply lending a helping paw in your community, your dedication is felt — and *deeply appreciated*. As we cozy into this season of thanks, I want to take a moment to say how **grateful I am to serve alongside each of you**. The warmth, energy, and enthusiasm of our clubs are what make District 44N truly special.

#### **Can't Wait to See You!**

One of the things I'm most thankful for this month? The chance to see so many of you at our upcoming **November Cabinet Meeting!** 

It's always a highlight of the season — full of updates, ideas, inspiration, and of course... Lions fellowship (and maybe a slice of pumpkin pie?). Get ready for great conversations, club spotlights, and some fall fun with your fellow district leaders. I can't wait to catch up with everyone in person!

#### Still Scheduling DG & 1VDG Visits!

DG Pam and 1VDG Nancy are still making their way around the district, spreading inspiration and harmony wherever they go! If your club hasn't scheduled a visit yet, there's still time. Just send me a quick email, and we'll find a date that works. Let's keep those Lion connections strong.

#### A Little Fall Lion Wisdom

"Lions don't hibernate — we harvest!"

We gather ideas, serve with heart, and sow the seeds of change — all year long.

#### Lions Legacy Corner – November Fun Fact

Did you know? In **November 1917**, just five months after Lions Clubs International was founded, the very **first national convention** was held in **Dallas**, **Texas**.

Only 23 clubs were represented — and from that small gathering, a global movement was born.

From 23 clubs to over 48,000 today — now that's a roar that echoes through time!

Wishing you a month full of warm moments, meaningful service, and time well spent with your Lions family. Let's keep **Serving Together in Harmony**, one grateful heart at a time.

In Lionism and fall cheer,

**Gregg Kleiner** 

District 44N Secretary/Treasurer

"Serving Together in Harmony"



## **District 44N October Membership Stats**

Total Clubs	41
Members as of 7-1-25	1040
New Members Added	43
Transferred Members	1
Reinstated Members	2
Charter Members	4
Total Dropped Members	30
Total YTD Members	1060
Gain or Loss this Fiscal Year	20
Retention % for 1 year New members	100%
Retention % for Overall New members	87.6%

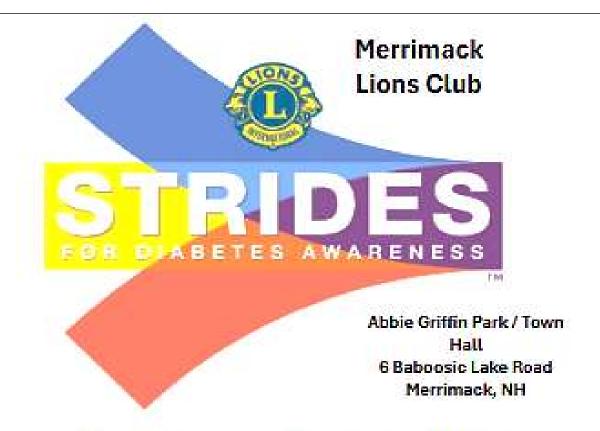
DG Pam's New Member Goal for this Fiscal Year- Net 15 WELCOME NEW LIONS!

Club	New Member Name	<b>Lion Sponsor Name</b>
<b>Bedford Lions</b>	Angela Crawford	<b>ZC</b> Sophie Cutler
	Larry Crawford	ZC Sophie Cutler
	Jeanne Marie Kraemer	ZC Sophie Cutler
<b>Berlin-Gorham Lions</b>	Michael Clark	<b>Charter Member</b>
	<b>Robert Cones</b>	<b>Charter Member</b>
	Drew Donoho	<b>Charter Member</b>
	Kristina Donoho	<b>Charter Member</b>
	Stephanie Villeneuve	<b>Monica Rowe</b>
	Timothy Slager	Rebekah Wyman
Canaan Lions	Ella Wimett	ZC Harry Armstrong
<b>Chesterfield Lions</b>	Virginia McManus	GST Cheryl Patty
<b>Cohase Lions</b>	David Lackie	<b>Douglas Dutile</b>
	Leslie Lackie	Barbara Dutile
<b>Enfield-Mascoma Lions</b>	Emma Bill	Kaylee Felix
	Annika Bishop	Kaylee Felix
	Jessica Dworak	Anthony Felix
	Rebecca French	Lynn Miller
	Jodi Gilligan	Tracy Hill
GF Pemi Baker Centennial	Guy Cote	Dianne Syrek
Hanover Lions	Priscilla Rothe	John Bayliss
Henniker Lions	Suzanne Lamb	Marti Capuco

Club	New Member Name	<b>Lion Sponsor Name</b>
Henniker Lions	Jana Laudadio	Marti Capuco
Hinsdale Lions	Donna MacLean	Jeanna Woodbury
	John Smith	<b>Edwin Smith</b>
<b>Keene Lions</b>	Patricia Clark	Christine Greenwood-Sma
	Caitlin Dubois	Deanna Zilske
	Lori Goldring	Christine Greenwood-Sma
	Samantha Hill	Christine Greenwood-Sma
	Faith Cyr	Christine Greenwood-Sma
	Donald Sporborg	Clement (Bud) Record
<b>Lancaster Lions</b>	Mario Audit	David Rexford
<b>Hooksett Lions</b>	Laura Robitaille	Heidi Fraser
	Tim Phillips	David Rexford
	Leo Rideout Jr	David Rexford
<b>Manchester Lions</b>	Dan Fraser	Richard St. Jean
	Josephine Fraser	Richard St. Jean
	Annemay Kelso	Richard St. Jean
	Jessica Hiner	Sophie Cutler
	<b>Colton McCracken</b>	Richard St. Jean
Monadnock Lions	Jamie Autin	Larry Robinson
Orford Lions	Alex Barrette	Clyde Blake
	Joy Clancy	Clyde Blake
	Kimberly Murray	Clyde Blake
	Rachel Riendeau	Clyde Blake
Pinardville Lions	<b>Christine Adams</b>	Katherine Shamel
Souhegan Lions	Jennifer Bernet	Nancy Woods



## **District 44N October Membership Stats**



## Saturday, November 8th, 2025 at 10:00 am

#### Walk/Run Registration Cost: \$25/person

Come and join the Merrimack Lions Club and Merrimack Parks and Recreation for the Strides for Diabetes Awareness event — a 2K Walk/4K Run dedicated to raising awareness about diabetes and supporting those affected by it.

Whether you're a runner, a walker, or simply passionate about making a difference, this family-friendly event welcomes all ages and abilities. In addition to the walk/run, enjoy a health fair featuring local vendors, free health screenings, and diabetes education and resources to help you and your loved ones stay informed and empowered.

Let's stride together for a healthier future — register today and make an impact! All participants will receive a Strides for Diabetes moisture wicking T-Shirt if registered by October 24th. All proceeds from the race will benefit ADA Camp Carefree at Lions Camp Pride, helping children with diabetes experience the joy of summer camp in a safe and supportive environment.



#### MD44 Mid-Winter Convention -Lions Legacy Carnival

Fireside Inn & Suites 25 Airport Rd. West Lebanon, NH Phone #603-198-5900

January 23 to 24th, 2026 - Check out on the 25th Book your room directly with botel. PLEASE NOTE - BREAKFAST IS INCLUDED IN YOUR ROOM RATE.



#### Featured Guest: International Director David Wineman & Lion Lindy Wineman

NAME	CLUB	Contact Email
1.		
2.		

Meals & Convention Registration	Quantity	Cost	Total Cest
Friday Evening Buffet, Saturday Meeting & Celebration Bunquet		\$150.00	
Friday Evening ONLY - Buffet Dinner		\$70.00	
Securday Meeting & Evening ONLY		\$70.00	
Carnival Booth Display - Showcase your club, sone, event Please provide contact name for Booth Name:		\$10.00	
Email: Saturday MD Cabinet Meeting ONLY		\$5,00	
SUNDAY EDUCATION - Lions Portal Training and All training— Please being your laptop or tablet		FRIEE	

Friday Evening Lions Service Legacy Buffet -Rounted Turkey & Haddock w/Salad, Potatocs, Veggies, Dinner Rolls Saturday Semi-Formal Plated Dinner choices are:

AND ADDRESS OF THE PARTY OF	AND THE RESERVE OF	A STATE OF THE STA	Company of the Compan	18 Contract
L. Chicken	Cordon Blour			r Manaca

Quantity.

D Baked Ham w/ Rainin Sauce

Quantity

D Stuffed Portabello Nagolean /Pesto, Garlie, Mozzarella, Sginach & Red Peppers Quantity.



Make checks payable to MD 44 and mail to Christine G. Smart - Convention Chair 613 Old Walpole Rd, Surry NH 03431

Special Pricing for Hotel Room rates DEADLINE is January 1, 2026

Hotel reservations must be made by calling the Fireside Inn & Suites 603-298-5900





#### 2026 NEW HAMPSHIRE MD44 MID-WINTER

# CONVENTION GUEST INTERNATIONAL DIRECTOR DAVID WINEMAN

David Wineman from Sebewaing, Michigan, United States was elected to serve a two-year term as an international director of Lions International at the association's 106th International Convention in Melbourne, Australia, June 21 through June 25, 2024.

Director Wineman is the CEO of both Abadata Computer Corporation and Abadata Connect, Inc. with more than 45 years of experience in information technology. Among his many notable projects are the sponsoring of numerous school clubs and Boy Scouts of America troops, expansion of tourism and business through a partnership between the Sebewaing Chamber of Commerce and local village government, as well as Michigan state highway expansion.

Director Wineman joined the Sebewaing Lions Club, now known as the USA Lions Club, in 1994 and is still an active member.

He has held a number of offices within the association, including district governor, Guiding Lion, youth chairperson, region chairperson, vice council chairperson, area leader, zone chairperson and Lions of Michigan Foundation trustee, among many others.

In recognition of his service to the association, Director Wineman has received numerous awards including multiple International President's Certificates and International President's Medals as well as a Club Youth Chairperson Certificate of Appreciation. He has received many awards from the Lions of Michigan Foundation, including the Hellen Keller Fellowship, Outstanding Service Award and Ken Lautzenheiser Fellowship. Director Wineman is also a Progressive Melvin Jones Fellow.

In addition to his Lion activities, Director Wineman has served as a board member for the Lions of Michigan foundation, as well as the president and board member of Lions Bear Lake Camp. Additionally, he has served as mayor and trustee of Sebewaing, Michigan, and is a member of the Association of Computing Machinery, BICSI and CompTIA.

Director Wineman and his wife Lindy, who is also a Lion as well as a Progressive Melvin Jones Fellow, have five children and 12 grandchildren.

# Let's continue NH Lions "Stayin' Alive" to thrive! GMT Christine

NH Membership Zoom Quarterly meetings – Mark your calendars!

**Zoom links to be provided to all Club Presidents and Membership Chairs** one week BEFORE the meetings.

Club Presidents and Membership Chairs.

- Thursday, October 16<sup>th</sup> 6pm to 7pm
- Wednesday, January 7<sup>th</sup> 6pm to 7pm
  - Monday, March 23<sup>rd</sup> 6pm to 7pm
    - Tuesday, May 12 6pm to 7pm

New Member Orientation Zoom meetings – Mark your calendars!

**Zoom links to be provided to all Club Presidents and Membership Chairs** one week BEFORE the meetings.

- Thurs, October 2<sup>nd</sup> 6pm to 7pm
- Monday, January 12<sup>th</sup> 6pm to 7pm
- Wednesday, April 8<sup>th</sup> 6pm to 7pm
  - Tuesday, June 9<sup>th</sup> 6pm to 7pm



#### **Certified Guiding Lion Training**

Certified Guiding Lion training was held on Saturday 10/11/25 in Keene NH. DG Pamela Prentiss was in attendance along with 14 Lions from the following clubs; Hinsdale, Chesterfield, Hooksett, Antrim/Bennington, Monadnock, Souhegan, Keene, Goffstown, Granite State Virtual, and New London.









#### **NELC Fall Meeting**

MD44 was well represented at the NELC Fall Meeting in Mansfield, MA over the weekend. CC Mike Leahey, DG Pam Prentiss and DG Marie Valliere were joined by several PDGs as well as three of IF PIDs. In fact, PID Ed Lecius was the senior PID present.

Our DGs gave their reports and took part in the Necrology Service on Sunday, October 5, 2025, along with the DGs from around New England. Sadly, we lost over 5,000 years of service and experience last year. NH NELC representative Al Goldstein talked about the importance of supporting LCIF and PID Ed Lecius spoke about LionsUSA and encouraged all leaders to get involved.



44N District Governor Pam Prentiss



44H PID Ed Lecius



44H District Governor Marie Valliere



Lead to Serve, Serve to Lead with International President A.P. Singh

Lions are always reaching higher — in our personal growth and in the strength of our clubs. Fortunately, we never have to do it alone. We offer tools and resources to support you with everything you need to grow, thrive, serve and lead with purpose.

Take a moment today to explore our online resources in the Member Resource Center. Whether you're looking for dynamic new recruitment tools, service project planners, or marketing or leadership development resources, you'll find inspiration and practical support to help your club serve more — and serve better. So, tap into the tools for success and watch your club soar.

Together we serve,

A.P. Singh International President

#### Partnering for a Healthier Future: The American Diabetes Association & LCIF

In the fight against diabetes, collaboration is key. The American Diabetes Association (ADA) and Lions Clubs International Foundation (LCIF) have forged a powerful partnership to raise awareness, provide vital resources, and support those living with diabetes. Together, they are making a significant impact on communities across the country.

Both organizations are committed to improving health outcomes. The ADA leads efforts in diabetes research, education, and advocacy, while LCIF mobilizes local Lions Clubs to support humanitarian initiatives, including diabetes prevention and care. Their collaboration amplifies outreach, bringing education and screening events to underserved areas.

In 2020, LCIF awarded a US\$250,000 grant to the American Diabetes Association to expand Project Power, a community-based initiative aimed at empowering children and families to make healthier lifestyle choices and reduce their risk of type 2 diabetes. Initially focused on underserved communities in the United States, Project Power has helped educate families about nutrition, physical activity, and diabetes management.

With LCIF's support, Project Power has reached thousands of youth and families, fostering sustainable habits and increasing health literacy. Lions have been active partners—hosting educational events, leading fitness activities, and advocating for healthier communities.

Beyond local outreach, the partnership strengthens advocacy efforts. Together, they push for policies that improve healthcare access and funding for diabetes research. With LCIF's support, the ADA continues to invest in scientific advancements that pave the way for better prevention and treatment options.

Through this partnership, Lions are not only funding efforts—they're *living* them. Clubs have hosted local diabetes screenings, organized health fairs, and provided educational resources in collaboration with ADA representatives. Together, they raise awareness of risk factors and help individuals take proactive steps to lead healthier lives.

By combining efforts, the ADA and LCIF help individuals take control of their health while shaping a future with fewer diabetes-related complications. As awareness grows and communities become more empowered, their collaboration will continue to create lasting change.

Whether through volunteer work, education, or advocacy, this partnership embodies the strength of collective action. To learn more or get involved, visit <u>diabetes.org</u>.

**Empower Service. Amplify Impact. Give to LCIF.** 

PDG Toni Olden D44N LCIF Chair



#### Roaring Through the Autumn Winds: Updates from the GS-Pride Team

Dear Lions of District 44N,

As November's crisp air sweeps through New Hampshire, painting our Granite State in fiery autumn hues, we're reminded of a Lion's strength in facing winter's chill. Like a pride gearing up for the season, our Lions Clubs roar with resilience and gratitude. With Thanksgiving's warmth on the horizon, the GS-PRIDE Team is excited to share updates that fuel our Lionism spirit, ready to pounce on any challenge, from disasters to community needs.

A roaring welcome to our newest team members, Lion Paul Pearson (Merrimack Club) and Lion Roger Garrison (Canaan Club)! Your energy is like a November gust, invigorating our disaster preparedness efforts. We're thrilled to have your fresh perspectives as we strengthen our pride.

Recent Zoom meetings with the VT Disaster Relief Team have sparked collaboration as fierce as a Lion's hunt. These sessions, uniting districts in true Lionism fashion, have sharpened our response strategies and built unbreakable bonds. Mark your calendars for our Second GS-PRIDE Team Zoom Meeting on November 26, 2025, at 7 PM, where we'll leap into plans for the future.

Our first Zoom Meeting was on October 29, 2025, and hasn't happened at the time of the writing of this article. A big thank you to Multiple Council Chair/Immediate Past District Governor Michael Leahey for making these meetings possible.

We're also thrilled to unveil our new name: the **Granite State Lions Emergency Action Team** (**GS-LEA Team**)! This rebranding reflects our proactive spirit and New Hampshire roots, with updated logos and emails rolling out soon, smoother than a Lion's stride.

This November, as we gather resources like a Lions Pride before a storm, we invite more Lions to join our mission. Contact your Club President, Zone Chair, or me to get involved in disaster preparedness—no experience needed, just a Lion's heart. From logistics to outreach, there's a role for every paw.

Let's roar this November, turning gratitude into action that protects our communities. Stay safe, stay fierce, and keep the Lion spirit alive!

Yours in Service,

Lion Heather Hunter
Disaster Relief Chairperson
Email: granitenride team@ou

Email: granitepride.team@outlook.com



#### HUNGER

The New Hampshire Food Bank, a program of Catholic Charities New Hampshire, serves as the only food bank in the state of NH, working to provide nutritious food and resources to the hundreds of thousands of New Hampshire residents that are food insecure.

The Food Bank supplies millions of pounds of food annually to more than 400 partner agencies, including food pantries, homeless shelters, soup kitchens, children's programs, senior centers and more. In turn, these agencies provide hunger relief to those suffering from food insecurity throughout the state.

The New Hampshire Food Bank operates in all 10 NH counties. So, chances are they are providing food to people in your community.

If your club wats to help the food bank accomplish its mission you have these options:

- (1) Donate: Every dollar donated results in two individuals being fed
- (2) Volunteer:

  <a href="https://nhfoodbank.org/get-involved/volunteer/">https://nhfoodbank.org/get-involved/volunteer/</a>
  Visit this site to sign up
- (3) Host a Food Drive in your community
- (4) Attend one of the two major fundraising events
  - a. Hub Harvest Golf Classic
  - b. Steel Chef Challenge

Supporting this organization is a great way to feed the hungry in our state.

Elaine Farrington
District 44N Hunger Chair

#### **ZONE 1 MEETING**

On Wednesday, October 22 at the Bedford Public Library, 12 Lions across Zone 1 gathered for their first meeting of the year, facilitated by Zone Chair Sophie Cutler.

The focus was on service, and the 5 clubs that make up Zone 1 have started the year strong, with 100% of the clubs reporting their service! The 5 clubs combined have served over 5,400 people, clocking just over 620 hours since July 1.

All 5 clubs participated in the Club Excellence Week of Service for Mental health and well-being, and they plan on focusing on Hunger during the week of January 3-11, 2026.

ZC Sophie shared District updates, including how to get involved with both the NH Lions Green Team and the new 44N Granite State LEA (Lions Emergency Action) team.

All the clubs discussed their past and upcoming service projects, sharing ideas and suggestions with each other along the way. We look forward to our next Zone meeting, which will be held on January 20, 2026, via Zoom.









#### **Diabetes**

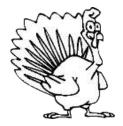
November is National Diabetes Month!

Many people are unaware they have the disease because it doesn't make you feel "sick." But diabetes can damage the small blood vessles in the eye and lead to vision complications such as diabetic retinopathy. This condition causes swelling in the back of the eye and can lead to permanent vision damage.

If you haven't had your A1C tested for a while, this is a good month to do it. If you have diabetes, keep your eye appointments to keep your eyes healthy.

Eyesight is precious. Isn't it worth a few simple actionss to protect it?

Linda Piekarski NH44 Vision Chair lpi314@outlook.com



#### The DogSight Project

A Program of New Hampshire Lions Multiple District 44 –Health Services of NH

#### **Kennel Cough**

Fidelco was compelled to cancel the Open House this October due to kennel cough among their dogs. The concern was that any visiting dog at the Open House would be exposed to it or might bring in another strain.

Kennel Cough is not a single disease; it's a catch all term much like the flue in humans. There are two viruses and one bacterium responsible for most cases. They frequently occur together and are accompanied by a "barking" cough! It's not a serious disease in general but it is uncomfortable for the dog and contagious. It is easily treatable and avoidable with vaccinations.

You can donate to the DogSight project any time. Please make checks payable to:

LSHF and write DSP on the memo line to ensure the proper account is credited.

Please mail checks to the project Treasurer:

Gregg Kleiner,

PO Box 94, Keene, NH 03431

Linda Piekarski Chair, the DogSight Project lpi314@outlook.com



#### Health Services of NH Raised for Fidelco in 2025-2026: \$4800

Operation KidSight 2025- 2026 - for <u>District</u> 44N Lions (From 07/01/25 to 10/21/25) 10 clubs reporting - 49 screening events to date

Manchester, Bedford, Brookline, Merrimack, Jaffery, Chesterfield, Keene, Concord, Enfield Mascoma Lioness Branch, New London We presently meet through virtual means the last Tuesday of each month and if you wish to be part of the Lions Health Services of NH please contact me,

Chair Tom Reynolds E-mail tereynoldsjr@comeast.net

Row Labels	Sum of #Screenings	Sum of Total # Screened
□ Zone 1	8	205
Manchester	6	184
Bedford	2	21
■ Zone 2	5	1688
Brookline	4	1200
Merrimack	1	488
■ Zone 3	1	12
Jaffery	1	12
■ Zone 4	27	1529
Chesterfield	2	184
Keene	25	1345
■ Zone 5	5	981
Concord	5	981
■ Zone 6	3	320
Enfield Mascoma Lioness Branch	1	109
New London	2	211
Grand Total	49	4735

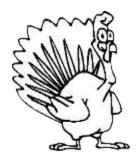
Please report your screening results to your District Administrator
Screening Event Summary can be found at <a href="https://e-district.org/sites/kidsightnh/page-8.php">https://e-district.org/sites/kidsightnh/page-8.php</a>

#### 44N

District Administrator / Tom Reynolds/ tcreynoldsjr@comcast.net / District Coordinator / Jan Reimers / jan.reimers@charter.net http://edistrict.org/sites/kidsightnh/index.php

#### **44H**

District Administrator / Becky Brown / becky.brown@verani.com /
District Coordinator / Bob Laferriere / f.laferriere@comcast.net /





## LIONS YOUTH SERVICES

#### October 9, 2025, Meeting

President Eric Olsen called the regular in person meeting to order at 6:30 pm at the Airport Diner in Manchester, NH. In attendance: Harry Armstrong, John Bayliss, Lenny Hall, Marie Hall, MCC Mike Leahey, Eric Olsen, Lara Raymond, Mary Ellen Pate, Kris Pavlik, Tracey Pierce.

Guests: Marilyn Vaccaro, Laura Rice of Children's Literacy Foundation.

#### **Grant Program**

There were three applications received and approved for \$500 for the *Concord Lions* related to the upcoming speech contest. For supplies related to the Halloween Howl for the *Granite State Virtual Lions* and for food supplies for a meal program ROCO Kids Club for the *Manchester Lions*.

#### **New Business**

Guest Speaker Laura Rice from the Children Literacy Foundation discussed the promotion of reading engagement and access to books for NH & VT kids by distributing new books and seeking funds to libraries.

Also, a motion to make a \$500 donation to the Childhood Cancer network was made and approved unanimously with no further discussion.

#### **Mid-Winter Project**

The theme for this is Childhood Literacy. The service project is yet to be determined. Most likely will be a collection of various books for donation.

#### **Speak Out Contest**

Tracy Pierce and her statewide committee is finalizing a list of judges for the contest. There are 8 clubs signed up to sponsor a contestant. Dec 15<sup>th</sup> is the last day for clubs

to submit contestants. Finalists will be awarded during the Mid-Winter Convention in January 2026.

If you have any questions regarding this contest, please contact Tracy at tracy.pierce54@gmail.com

## Peace Poster Contest 2025-2026 "Together As One"

The contest is close to the deadline of November 15<sup>th</sup>. Clubs should be planning on a time with the school so that the poster can be judged and winners selected by or before this date. Please be sure that you judge the posters by this date and first place winners are selected. There are no exceptions to this deadline date.

Your club and school/youth may hold a presentation to award the winners at any time but please be sure that the 1<sup>st</sup> place winner's poster is photographed and only the picture is emailed to Rhonda Wynne at <a href="mailto:rwynnemilford@comcast.net">rwynnemilford@comcast.net</a>

The 1<sup>st</sup> place winner's photo will be submitted to the district governors who will then select their choice. If your club's 1<sup>st</sup> place winner is selected by the DG, instructions will be sent to the club's chair as to where the actual signed off poster needs to be sent. If there are any questions, please email or call Rhonda Wynne.

#### **Next Scheduled Meeting**

Our next scheduled meeting is Thursday, November 13, 2025, at 6:30 pm at the Airport Diner in Manchester!

#### WE WELCOME ALL TO JOIN US!





#### LIONS YOUTH SERVICES PO Bex 156 Arkinson, NH 03811

Email: lah038116/remail.com

- GRANT APPLICATION -

Amount requested

Requesting Club:		Date requested
Club President:		_
Club Mailing Address:	Club Phon	¢:
	Club E	mail:
Briefly describe the project and how it	will benefit the Youth in New Hampshire	: (continue on back if needo
		<del></del>
# of Youth Benefitting:		
Project Budget:	Requested Amount:	
Project Start Date:	Project End Date	(- <u>-</u>
Requesting Club President's Signature:		

#### Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the most Lieux Youth Services Meeting.
Our meetings are held at 6:30 pm on the 2nd Theoseky of every mostle at the Airport Diner in Manchester. If possible, we excurred all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lious Clob in the State of New Hampshire Districts 44N and/or 44H.
- The Meximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July-June).
- Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefiting one person will not be considered.
- Grant Applications <u>MUST</u> be received by the last day of the month point to the start of the project, otherwise the respect may not be one otherwise.

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the Youth of our state; not to replace your club's support.

Grant Application see 19 2025

#### Message from your Global Service Team Leader:

Dear Lions of District 44N,

Our District Governor, Pam Prentiss, has set a goal of 93% of the Club of District 44N reporting their Service Hours on the Lions Portal. I am aware that many members rely on an officer of their club to report for them. I encourage you to report your own service hours so that DG Pam's goal can be reached. I recommend this video, which explains how to record service hours.

https://www.youtube.com/watch?v=P9necU Cw84E

## Amplify your Club's impact during Weeks of Service

This initiative unites Lions and Leos worldwide to address the critical issues of mental health and well-being, hunger, and the environment. By participating, you'll be part of three impactful weeks dedicated to creating positive change and making a difference in communities around the globe — together. So, get involved and help drive collective action for a better future! Hopefully, your club completed and reported your service activities aligned with "Mental health and well-being" during the week of October 4-12, 2025. Special thanks to all the Lions of District 44N that participated in the "NAMINH Walk" on October 5.

Mark your calendars:

Hunger: January 3-11, 2026 Environment: April 18-26, 2026

Plan your service: Our mission is service, and service is visible. Through our collective planning and action, we can ensure the overall well-being of our communities and inspire others to get involved. The Serving Your Cause project planner has everything you need to plan your service projects.

Promote your service: The only way to get more Lions, Leos, and community members involved in your weeks of service is through club marketing. And the Marketing Matters webpage has everything you need to promote your service projects, including our Marketing Campaign Planner, social media Kit, and much more. Explore the tools you have at your disposal and spread the word!

Celebrate your impact: Reporting your service helps us see the collective impact we make, so be sure to report any service activities you do during the Weeks of Service. Then, celebrate your accomplishments with your club and with your community by posting on social media or planning a celebration event.

Yours faithfully,

Cheryl Patty,
District 44N Global Service Team Leader
"Serving Together in Harmony"



The NH Lions Green Team is working to become an official NH Lions State Project. If we are approved, we will be joining ranks with Sight and Hearing, Youth Services, and Tri-State Soccer. We are excited to help more clubs across New Hampshire protect the environment through service, education, and teamwork.

We're seeking new members (officers and directors) from Districts 44N and 44H who care about the environment and want to make a difference. Meetings are on Zoom at 7 PM, the third Monday of each month.

#### Recent highlights:

- Concord WindowDressers Build (10/23–10/28): Lions from several clubs made 199 custom insulating window inserts for local homes. A huge thank you to all the Lions who helped, and a special thanks to the Concord and Henniker Lions Clubs for their generous gifts!
- Upcoming Upcycled Gift-Making Event: We plan to create textile gifts from used clothing and homeware in early December (location TBD).
- Webinars: Coming soon for Lions and the public, covering topics like home energy efficiency, reducing food waste, and starting a garden.
- Earth Day 2026: Start planning your projects—Green Team support is available!

To get involved or get more information, email nhlionsgreenteam@gmail.com or visit our Facebook page, NH Lions Green Team. Let's make New Hampshire cleaner and greener!



From July through September, 2025, our dedicated NH Lions from 23 participating Clubs in clocked 6392.9 miles and over 385.75 hours of service—providing 205 essential rides for individuals in need through the Lions Rideshare program, in proud partnership with Future In Sight. These rides weren't just trips—they were lifelines. From medical appointments to essential errands, each mile helped someone move toward better health and greater independence.

This project supports the Vision global cause, ensuring that individuals with vision challenges have access to the services and support they need to thrive.

To become a volunteer driver sign up at <a href="https://futureinsight.org/volunteer">https://futureinsight.org/volunteer</a>

#### **NAMI Walks New Hampshire**

Thanks for our Amazing District 44N Team that came together, in Concord on Sunday, October 5, 2025, to support "Mental Health for All".

I am also proud to report that our team raised, to this point, \$5,320.30!

Our team was the 6<sup>th</sup> highest donor of the teams reporting.



#### DISTRICT 44N TEAM SUPPORTS MENTAL HEALTH FOR ALL

#### **Team Gathering and Purpose**

On Sunday, October 5, 2025, our dedicated District 44N Team gathered in Concord to demonstrate their commitment to the cause of "Mental Health for All." The event brought together passionate individuals, united in their mission to support and promote mental health awareness within the community.

#### **Fundraising Success**

Proud to share that, as of now, our team had raised an impressive total of \$5,320.30. This accomplishment places District 44N as the 6th highest fundraising team among those who reported their results. The collective effort and generosity of our members have made a significant impact in advancing our shared goal.



# MD 44 is pleased to announce The scheduling of a Regional Lions Leadership Institute

When: March 6-8, 2026 Where: West Lebanon, NH

Why: To stimulate and grow Leaders and Leadership Opportunities at the Club,

District, Multiple District Levels and ...beyond

Who: All LIONS in good standing who have not yet reached the position of

Second Vice District Governor

## Please forward a completed application prior to February 1, 2026, to your District Governor

Cost of the Institute: Multiple District 44 will provide meals according to the schedule of the institute. double occupancy Hotel rooms for Friday and Saturday night are included in the cost of the Institute. Hotel stay is required. Please note the cost for participation in this training event is \$125.00. For Lions outside of Multiple District 44 the cost is \$300.00. Thursday night rooms are available at a cost of \$141.00.

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 3-day intensive training program, and applicants must be willing to commit to attending all days of the institute, including group mealtimes, and understand that personal time is extremely limited. Attendance at all classroom sessions and scheduled meals is mandatory.

#### Please note: Acceptance to the Institute is not guaranteed.

#### **Expectations of RLLI Graduates:**

- 1. Pursue additional leadership roles and responsibilities in their respective zones and Districts
- 2. Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones and Districts
- 3. Share their Institute experience with members of their Club, Zone and District and encourage others

For further information please contact your District Governor or Event Coordinator Bill Rathbun (pdgbill33y@yahoo.com or 603-707-6209)



### MD 44 Regional Lions Leadership Institute West Lebanon, NH Friday thru Sunday March 6 to 8, 2026

#### Part 1: Applicant Information

* PLEASE PRINT - Requi	red information for all institute	correspondence		
District Number:	Membership Number:			
First/Given Name:	Last/Family Name:			
Email*:	State/Province:	Gender: Male	Female	Month and
Year Joined Lions Clubs: _	Club Number:_	Lions Club		
	Current Lions Title:			
Clubs: I c	confirm that I am capable of und	erstanding and activel	y participati	ng through
reading, writing, and fluent	t speaking skills in English			
Lions Leadership Institutes	Previously Attended (Location	s & Dates):		7.00
Part 2: Experience and S	skills Please type or print using	g additional sheets as	needed.	
1. Offices held within curr	ent Lions Club:			
2. Committee positions he	ld within current Lions Club: _			
3. Previous Lions Clubs ye	ou have been a member of and C	Offices held:		
4. Why is this institute of in	nterest to you?			
Part 3: Acknowledgemen	nts			
	4 is not responsible for personal, unanticipated or other personal			, those associated
_ I understand that I am e	expected to attend all classroom	sessions and group m	eals and acti	vities.
	e applicant's District Governor of the this section. In what ways will ?			
Completed by	20.54		92	

#### ANTRIM-BENNINGTON LIONS

October was another great month of service for the Antrim-Bennington Club! The residents of Antrim Village enjoyed our outreach activity: pumpkin decorating! Lions Mary O'Connell and Cindy Riordan assisted residents and strengthened community connections.

Lions Stephen and Marcia Ullman, and Tim Morehouse promoted Lionism at a display at the Antrim Elementary School Open House. They talked with parents about biweekly "Lunches with Lions", other service projects, and eyesight screenings. Speaking of eyesight screenings, club members (too many to mention) worked hard to conduct screenings at 5 elementary schools, 1 preschool, and 1 middle school this fall. Over 400 children were screened under the leadership of Lion Sue Conklin! During Mental Health and Wellbeing Week, Mary Devine, Linda Morehouse, and Tim Morehouse traveled to Concord and walked in the National Alliance for Mental Illness Walk on October 5. Meeting other NH Lions at this event and supporting this important organization was so rewarding! Additionally, our club members wrote notes of gratitude to first responders from Antrim and Bennington and the Grapevine Family

Resource Center staff. These organizations appreciated our efforts, and we received this comment, "Your thank you note really put a smile on my face!"

Community visibility was our goal when we hosted a "trunk" at the Trunk or Treat event at the Tuttle Library in Antrim. Costumed adults and children made for a festive scene! A Lion made an appearance and handed out candy to eager children (and a few adults). Through our Charity of the Month project, members donated over 500 healthy snacks for hungry students at the Great Brook Middle School and Pierce Elementary School. Students and staff were very appreciative!

Toni Olden was our guest speaker in October. The club presented Toni with a donation to LCIF in honor of her visit. We learned so much about this charitable foundation! Finally, President Tim Morehouse presented a certificate to Lion John Robertson who earned his 15 years of service certificate from LCI. John's dedication and service is an example for all Lions across the state.







#### HENNIKER LIONS

The Henniker Lion's have been keeping busy with many service projects and community events.

Meet our newest lion "Luigi" who sits proudly on Main street representing our club in the "Scarecrows in the Parks" Community Contest. We think he's a winner for sure!

We had a great turnout for our roadside clean-up service project. A total of 18 bags of trash was collected helping to keep our environment safe and clean. We are also happy to report 186 eyeglasses collected which will be donated at the upcoming cabinet meeting.

For our community events the weather couldn't have been nicer. At the town's Henniker Handmade and Homegrown event both our booth and raffle basket were a hit and it was wonderful walking with our fellow lions at the NAMI mental health service event for such an important cause.

Lastly, we have many upcoming events to look forward to and here are just a few;

- \* Two days of vision eye screens at our local schools
- \* The Holiday Turkey dinner for the residents of Henniker's Rush Square
- \* Community Crafting Events at the Henniker Tucker Free Library
- \* New England College "Holiday Glow" Event
- \* Bonfire for Fuel Assistance at the Henniker Brewery

Stay tuned for upcoming details....ROAR!







#### MERRIMACK LIONS

Merrimack Lions have been busy this month making a difference in their community



100 smoke/carbon dioxide detectors were purchased and donated to the Fire Department for those in need. A great idea from our Lion John Richards!





It only took 3 Saturday mornings for us to sell out our 42 scarecrow kits! Proceeds will be donated to diabetes research and resources.



Merrimack Lioness cleaned a section of a Merrimack Road. Looks awesome! They joined the Lions Club wearing gold ribbons in Sep for Pediatric Cancer awareness.





Pinardville Lion Gloria Proulx joined up with Merrimack Lion Rosemary Gagne and various other 44N Lions Club members at the NAMI walk in Concord. This event brought together people of all ages to combat discrimination, raise funds, and promote awareness of mental health conditions.

Stay tuned for the next ROAR with all our events currently in the works for November!

#### HINSDALE LIONS

The Hinsdale Lions Club had a lovely visit from our Vice District Governor Nancy Charbono-Ricard who inducted our newest member. It was wonderful to have a proper induction. Our club President and First Vice President attended the Guiding Lions training. We're gearing up for our KidSight screening at the Hinsdale Elementary School with help from the Keene Club and looking forward to our Fall Harvest Breakfast.





#### LEBANON UPPER VALLEY LIONS

Lebanon Lions had a very busy month of October. Started the month with a Highway clean-up Oct 4 followed by completing our 4th annual Duck Race on the Mascoma river the next weekend, Oct. 12.

Presented our first Comedy Show Oct. 18 which we hope will develop into an annual Fundraiser.

Then started a series of OKS screenings at 4 local schools between the 15th and the 23rd. Screened 790 school kids with 72 referrals. Even squeezed in a pizza and ice cream social for the local Girl Scout troop during our meeting Oct. 20th.

Now getting ready to rest a bit except for a zone meeting Nov 6 and Cabinet meeting Nov 8.



First Comedy Show Fundraiser on Oct 18

#### HILLSBORO LIONS

The Hillsboro Lions welcomed DG Pam Prentiss, Zone 3 Chairman Linda Morehouse, and Antrim-Bennington Club President Tim Morehouse to their Annual Summer Cookout on September 14th at Manahan Pavilion. Thirteen Lions and six guests enjoyed hot dogs, hamburgers, and good company. Special thanks to Lion Ron Audette for tending the grill and making sure there was plenty of food for all. On September 29th, 30th, and October 1st, the Hillsboro Lions conducted vision screenings at the Hillsboro-Deering Elementary and Middle School. A total of 193 students were screened, with 22 students subsequently referred for further evaluation. Four members of the Hillsboro Lions participated in this event, totaling 31.5 hours of service.

From September 4-6, PCC Don Ager and PMCST Meg Ager participated in the Michigan Lions Pin Swap held in White Cloud, Michigan. From September 18-20, they attended the USA/Canada Lions Leadership Forum in Atlantic City, NJ. From October 12-15, they attended the Southwest Lions Pin Swap in Reno, Nevada. It sure would be nice if they stayed home more often.

During the past two months, Hillsboro Lions collected 179 pairs of eyeglasses, 27 pairs of sunglasses, and 5 sets of hearing aids. Additionally, we collected 15.5 pounds of aluminum pull tabs for donation to the Shriner's Hospital for Children.

Plans are underway for the first of three "Lions Supports Literacy" projects whereby

over 500 children's books will be distributed to K-5 students at the Hillsboro-Deering and Washington Elementary Schools. Also, the annual Senior Thanksgiving Dinner, sponsored by the Hillsboro Lions, is scheduled for November 15<sup>th</sup> at Hillsboro-Deering Middle School. In December, Christmas Food Baskets will be distributed to our needy neighbors the weekend before Christmas and preliminary plans are underway for a town-wide event to celebrate our nation's 250th anniversary on July 4th, 2026.





#### CHESTERFIELD LIONS

Chesterfield Lions had a great time at Trunk or Treat today giving out candy and cooking hamburgers!

Chesterfield is busy getting ready for Trunk or Treat both with a trunk and cooking hamburgers and hot dogs for the event. Planning has started for our Super Bowl Sunday annual Pancake Breakfast as well as our Golf Tournament, believe it or not. We had a representative from CASA as our guest speaker at our last meeting. She was very informative about the services that CASA (Court Appointed Special Advocates) have and the amount of need there is throughout the state. Members have been active in a variety of service opportunities. We participated in the NAMI walk, we are participating in the Alzheimer's Walk and having a table for the club, members are going to the Charter Celebration for Berlin Gorham as well as participating in a variety of District and other club activities. Members had fun cheering on the youth and seniors of the DeMar Marathon. The club members are busy.









#### BEDFORD LIONS

On Thursday, October 2, the Bedford Lions once again participated in the Bedford Safety Complex Open House, hosted by Bedford Fire and Police personnel. The team of 6 Lions served free popcorn, Halloween candy, and performed vision screenings. A big thank you to Johanna Richardson, Ray Bellemore, Nina and Pablo Casaverde, and Margie and Ernie Henrichon for participating in this fun annual event!

On Sunday October 5, Bedford Lions Lois Brodsky and Erin Blassberg (Far Left and 2nd from Left), along with 2 friends, participated in the NAMI NH Walk for Mental Health in Concord. The Bedford NH Lions Club is proud to support the Lions Clubs International week of service to promote our global cause of mental health and well-being.

On October 13, Bedford Lions Club President Sophie Cutler delivered 103 cards of gratitude which will be presented to all the staff members of Bowman Place Assisted Living Facility in Bedford, where our charter member Tony Juliano resides. A team of 6 Bedford Lions took the time to write the thank you cards on October 7. We wanted to make sure the staff members know how grateful we are for the care they give to all the residents, each and every day. The project was part of the Week of Service, focusing on Mental Health and Wellness.

We hope our small act of kindness helps boost the spirits of the caregivers by letting them know they matter and are appreciated! Pictured here is Bowman Place HR Director Vandana (L), Lion Sophie (C), Bowman Place Executive Director Alicia (R).







#### BEDFORD LIONS (cont'd)

On October 14 the Bedford Lions welcomed guest speaker Tessa Baillargeon from HOBY - Hugh O'Brian Youth Leadership who spoke about how the leadership program for high school sophomores helps students make a difference in themselves and their communities.

District Governor Pam also paid us a visit and provided a District update, in addition to welcoming our two newest volunteers, Angie and Larry Crawford!

On Thursday, October 16, the Bedford Lions Club hosted volunteers from Elevance Health to serve at Fueled by Kids in Bedford. In about 90 minutes, the team filled 1,081 bags to help 1,081 local students bridge the 67-hour gap between school meals Friday-Monday. This was part of the Lions-Elevance Health Volunteer Days program, and LCI provided a grant that was delivered that day. Bedford Co-Service Chairs Sophie Cutler and Danielle Evansic participated in the event.

On Saturday October 25, Bedford Lion Lois Brodsky donned pirate attire, decked out her car as a pirate ship, and set out to represent the Bedford Lions at the local community Trunk or Treat event. Lois handed out upwards of 1,000 pieces of candy and bookmarks to happy trick or treaters who enjoyed the pirate theme.

Bedford Lion Sophie Cutler joined other Lions and volunteers including IPDG Mike Leahey at the WindowDressers' community build on Sunday, October 26 in Concord. Sophie and Mike spent the afternoon "wrapping" large wooden window frames in cellophane. These window inserts will soon be picked up by grateful community members to help them save on their heating costs and cut down on their carbon emissions - win win!









#### BEDFORD LIONS (cont'd)

Bedford Lion Elda Cordero-Goodman was honored with a Spirit of NH Volunteer Service Award on Monday, October 27, for her numerous service commitments and contributions as a Lion. Lions from Bedford and Manchester attended the ceremony in Concord to celebrate Elda's achievement. Congratulations on your well-deserved award, Elda!





#### GOFFSTOWN LIONS



A van with 12 residents from a local assisted living facility, on a "Wednesday outing," recently visited the Goffstown Lions Club's historic popcorn wagon located in the center of Goffstown NH. The seniors were treated with complimentary hot, buttered popcorn and cold beverages while Club member Dave Pierce provided information about LCI and the colorful 95-year history of the wagon. The wagon, owned and operated by the Lions Club for the last 39 years and normally open for business just on weekends, May through August, opened for this special Wednesday Noon-time event as a service to community. The Club was pleased to learn that its popcorn wagon was designated as a "tourist destination" by the facility's activity director.

#### MILFORD LIONS





What wonderful Pumpkin Festival Weekend!!!



FUN Fellowship, Community Service, Fundraising, and Community Engagement! Although the Sunday mist may have dampened visitor turnout, the festival guests came out in droves on Saturday to visit the overall Festival and the Community House Venue where they enjoyed great music, delicious reasonably priced food, fun family activities, and could learn about 24 local non-profit initiatives. The attendance on Fri & Sat evening's BWS Tasting Tent was great with a rough estimate total of 1194 attendees over 2 nights.

To keep this short - Many thanks to everyone who came to help! Thank you for being present, flexible, and simply jumping in! The early AM set-up crews rocked it!! The volunteers throughout the day kept the magic going. The BWS volunteers tossed in lots more of the "secret sauce" to make Fri & Sat nights fabulous! The Sunday daytime crew and the Sunday clean-up crew were all Rock Stars! We were organized, and all



cleaned up in record time!
The Lions have provided apples to Share and the High School in August and September and one more planned donation for October.

First Vice District Governor Nancy Charbono-Ricard along with her traveling companion Tom Gilligan, visited our club and had the opportunity to speak at our Oct 21 membership meeting where she outlined DG Pam's list of GOALS for the 2025–26 year.

Preparing for the Peace Poster Contest deadline November 15<sup>th</sup> – going to the MMS and SVBGC to judge first, second, and third place winners.

#### ENFIELD-MASCOMA LIONS

Sadly, the October business meeting began with a moment of silence for Lion Effie Bachand who along with her husband, Bob, was very active in the Enfield-Mascoma Lions Club.

Two Lions participated in the Vision Screening at the Enfield Village School along with the Lioness. One hundred and one students were screened and 13 were referred for further eye exams.

Eyeglasses and hearing aids are in the works for two local individuals. Also, 110 glasses and 10 hearing aids were collected.

Christmas trees are all ordered which will begin the weekend after Thanksgiving. A presentation was made by DB Lights on his plans for lighting the Huse Park area beginning on December 6<sup>th</sup> with the tree lighting. A donation was voted to assist Devon with this project.

A Membership Drive was held on Wednesday, October 22<sup>nd</sup>, at Kitchen 56. Two visitors enjoyed appetizers with the attending Lions members, and one completed an application to join that evening.

Four Lions participated in the Trunk or Treat event at Huse Park on Saturday, October 25<sup>th</sup>.

A record number of children and families attended and there was a special visit by the Enfield-Mascoma Lion!

Submitted by Mary Magnell





#### ENFIELD-MASCOMA LIONESS

Another busy start to the holiday season! October started with an Open House evening to recruit new members – two of the four visitors joined that evening and enjoyed cider and donuts while talking to the many Lionesses attending.

The following Saturday, six Lioness and 2 Lions members collected 11 bags of trash along Shaker Hill Road in Enfield.

Our October business meeting guest was DG Pam Prentiss. The District Governor brought us lots of information from District 44N as well as installing three new members into the club. Her message of 'serving is the heart of everything we do was well received.

Fingerprinting for parent record cards was completed for the Enfield Village School and Canaan Elementary School Kindergarteners. About 50 students have updated information records for parents to keep on file.

The annual Trunk or Treat event was held on Saturday, October 25<sup>th</sup>. A fun event with so many adorable costumes to enjoy and lots of families attending. Treats for all!

Sad to say, we lost two previously very active members this month – former Lioness Ellie Downing and Lion Effie Bachand.

Donations were made to the Ecumenical Thanksgiving Baskets distributed by the three local churches. Also, a donation was made as part of the District Cabinet Meeting to assist in purchasing items for the Childhood Cancer Lifeline of NH.

Wishing all a very Happy Thanksgiving.







## GRANITE STATE VIRTUAL LIONS

The Granite State Virtual Lions had one of our rare in person meetings at the end of September at Tooky Mills in Hillsborough. Our very own District Governor Pam was our guest! We had members doing the NAMI walk and raising almost \$500 for that. We also had one member attend the Guiding Lion training held in Keene.

During our Zoom meeting we had GMT Christine Greenwood-Smart discuss ways we could invite new members to join our Virtual Club.

We were excited to again be a part of the Halloween Howl in Concord. It was the biggest ever. We gave out candy to over 1000 children and had a great time doing it. Finally, one of our members helped with the Window Dressers project that works to keep people warm over the winter.









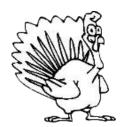


#### PETERBOROUGH LIONS

The Peterborough Lions hosted Zone Chair Linda Morehouse, who spoke about the vision and goals for the coming year. We heard a presentation from Gloria Schultz about the Senior Program at the Peterborough Recreation Department at our second meeting of the month.

The club met the goal for Trex for the year so we will have a fifth bench to donate to the town. We are partnering with the town to place them securely. Our project for Mental Health Week involved sending holiday greetings to service members. Union Congregational Church donated the shoes left from their rummage sale to be sent to Soles4Souls, along with other donations received at our meeting.

A vision screening was held at Peterborough Elementary School. There were thirteen referrals among the 115 students screened. Donations were made to The Dogsight Project and Home Healthcare Hospice and Community Service. Upcoming projects include a vision screening and ticket sales at the Monadnock Model Railroad Show on November 8.





Vision Screening at Peterborough Elementary School



Screening team, from left: Lions Jack Nieskens, OKS Chair Christine Lavery, Linda Guyette, Gary Fischer, Cheryl Seifert, Roland Patten. Seated: Michael Reimer.



Gloria Schultz discusses the Senior Program at the Peterborough Recreation Department

## FOR SALE!

Samsung Galaxy Tab A9+ Plus 11", 128GB, US Version 2024, Silver with Finite Keyboard Case with magnetically detachable wireless Bluetooth keyboard, Starry Sky

Hardly used. Asking \$175

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#### **Monthly Meetings**

#### **Lions Youth Services**

2nd Thursday of the month -6:30 pm

#### **Sight & Hearing Foundation**

 $3^{rd}$  Thursday of the month – 6:30 pm (above meet at the Airport Diner, Manchester

#### **MD44 Health Services of NH**

4<sup>th</sup> Tuesday of the month – 6:30 pm Virtual ZOOM

LTSSA Twin State Soccer – last Wednesday of the month 6:30 pm Virtual ZOOM

**NH Green Team** – 3<sup>rd</sup> Monday of the month 7pm Virtual Zoom

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