

the **ROAR** *your monthly District 44N newsletter*

SEPTEMBER 2022 / VOLUME 28 / ISSUE 3



Dear Lions:

Well, I made it through my first Cabinet Meeting with much appreciated help and support.

I would like to thank the following, the Winchester Centennial Lions club for being the host club and preparing a terrific breakfast, President Gloria Leustek for extending a warm welcome on behalf of her club to the attendees; I hope Gloria decides to become part of the District 44N leadership team after her term as President is completed. A special thank you to Jeanne Usereau for doing all the work organizing this event. I can not say enough in praise of her; I hope she moves up in the District leadership as she would be a tremendous contributor to the leadership team. A special thank you to all the Winchester Centennial Lions club members who were the kitchen staff and cooked the breakfast. PDG's Eric and Sue Lindberg as they called me two days before the Cabinet Meeting to tell me the first cabinet meeting is the toughest to get through so try not to get too worked up over it. 44H DG Randy Tompkins for being a good sport when I interacted with him over winning the gift Gas Card and giving it up to be drawn again.

A Special Thank You to Hilary Kumnick (PCC/LCIP, 23C, MD23) for speaking at this Cabinet Meeting and also for being a good sport after winning DG Randy's Gas Card.

And lastly, I would like to thank all of the attendees who made this Cabinet Meeting a success!!! I would also like to take the opportunity at the same time to thank the leadership team of District 44N for all of their advice and help.

Apologies to all the dignitaries in attendance which I failed to acknowledge and thank you to those who provided me with helpful hints to prevent this in the future.

To wrap up the month of August, beside holding the Cabinet Meeting, I did have some fun.

I worked the State Swim Meet on August 6 & 7 with members of the Milford Lions club.

The afternoon of the 6th I drove over to the Cheshire

Fair to work the ticket booth on behalf of the Monadnock Lions club. Saturday August 13, 2022, I attended the Zone Chair training at the Milford Community Center. On Monday August 15, I went to the Franklin Lions club and inducted two new members. On Sunday, August 21, I attended the 44H Cabinet Meeting at Camp Pride. It is a beautiful camp and 44H is very proud of this camp, as they should be. I would like to commend them for maintaining the facilities.

On Sunday, August 28, 2022, the financials for fiscal year 2021-2022 were presented and approved. The year end audit report was presented and the District passed the audit. The District's budget was approved.

There were awards that carried over from last year that were presented.

The Boston Convention Planning Committee is asking each club in MD44 to contribute \$100 for the expenses that MD44 will incur in having a Lion's float and hiring the NH Pipe & Drum Band lead us in the International parade next year in Boston.

PCC Steve Middlemiss spoke about his running for International Director from New Hampshire. I have no reservations in supporting his candidacy, I am asking other Lions in 44N to actively support PCC Steve's candidacy as well.

International Third Vice President of Lions Club International 2023-2024 - PID Mark Lyon from Brookfield, Connecticut is running for Third Vice President of Lions International and the District is supporting his candidacy.

Thank you for reading this report and I look forward to a great September! Until next month,

"Rockin' It In Service"

John Wynne, 44N District Governor





Dear Lions,

Last month, I wrote about sharing your stories and how it could lead to new ideas. So this month, let's take those stories and use them to promote our clubs. Did you know that Lions International has a Marketing Award for clubs? The prize is \$2000 for your club! Think of what you could do with that kind of money.

Of course, there is a catch – you have to plan, you have to execute and you have to be creative! As for everything, there is a time-period with a deadline. The marketing campaign must be completed between July and December 2022. The application must be in to the district by December 31. The District Governor will select an application to submit to the multiple district in January and the Multiple Council Chair will submit his/her choice to International in February. The marketing committee at Lions International will choose the winners, one from each constitutional area and the winning clubs will be notified in May.

Put on your thinking caps and show your creativity and innovation. Promote your next project or your club! I'm looking forward to seeing your club campaigns.

More information can be found at <https://www.lionsclubs.org/en> - search 'marketing'.

Yours in Lionism,
FVDG Toni Olden



Littleton 2021 Fall Foliage Meet

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A FEW COMMON ACRONYMS USED IN LIONISM

| | | | |
|-------------|-------------------------------|------------|---------------------------|
| DG | DISTRICT GOVERNOR | LCI | LIONS CLUBS INTERNATIONAL |
| FVDG | VICE DISTRICT GOVERNOR | IP | INTERNATIONAL PRESIDENT |
| SVDG | SECOND VICE DISTRICT GOVERNOR | ID | INTERNATIONAL DIRECTOR |
| CS | CABINET SECRETARY | CC | COUNCIL CHAIR |
| CT | CABINET TREASURER | DSP | DOGSIGHT PROJECT |
| MCC | MULTIPLE COUNCIL CHAIR | HSB | HEALTH SERVICES BOARD |
| GLT | GLOBAL LEADERSHIP TEAM | LYS | LIONS YOUTH SERVICES |
| GMT | GLOBAL MEMBERSHIP TEAM | MD | MULTIPLE DISTRICT |

DEADLINE FOR THE OCTOBER ROAR IS SEPTEMBER 24, 2022



NH44 LIONS SERVE AT THE HAMPTON SEAFOOD FESTIVAL SUNDAY, 11TH SEPTEMBER 2022

Lions are needed to man admission gates, assisting the Hampton area Chamber of Commerce. There are three shifts: * 9-11 AM, *11-2 PM, *2-5 PM

Your Lions Club will earn \$10/hour for all hours worked. There will be a tent and chairs at each of the 5 admission gates. A free shuttle bus will bring you to the North gate to sign in.

Please sign up by September 1st by calling, texting or emailing a team leader.

GOAL

If we fill all 75 shift spots the chamber will give a matching payout of \$2500 to the Multiple District. This money may be used for Lions International Convention in Boston or a Multiple District Service Project.

WHAT'S IN IT FOR ME?

Everyone who works a shift will be provided with a weekend pass to the festival, which runs Friday-Sunday, bring your family and friends to work a shift with you. Then enjoy a day at the beach!

TEAM LEADERS

Marie Hall 603.686.6995 mariehall326@gmail.com
Marilyn Vaccaro 603-204-7251 jvac@comcast.net

'22 SEAFOOD FESTIVAL ADMISSIONS/GATES VOLUNTEER REQUIREMENTS

SHIFTS - TOTAL OF 8 SHIFTS TOTAL 28 HOURS

FRIDAY 12-4PM (4HRS) - \$1,000

Filled by Hudkins & Oneil– Charity TBD

4-8PM (4HRS) - \$1,000

Filled by Hampton PTA

SATURDAY 10-1PM (3HRS) - \$750

Filled by St Vincent De Paul

1-5PM (4HRS) - \$1,000

Filled by the Knights of Columbus

5-8PM (3HRS) - \$750

Filled by Rotary Club of Hampton

SUNDAY 9-11AM (3HRS) - \$750

Filled by Lions

11-2PM (4HRS) - \$1,000

Filled by Lions

2-5PM (3HRS) - \$750

Filled by Lions

TOTAL VOLUNTEERS PER SHIFT—25

6 SIDE STREETS X 2 PER STREET = 12

SOUTH GATE = 6

NORTH GATE = 7

PAYMENT PLAN

\$10 PER VOLUNTEER X 3/4 HOURS X 25

VOLUNTEERS = \$750/\$1,000

*****BONUS PROGRAM— SHIFTS COMPLETELY
STAFFED—DOUBLE THE DONATION**

Organization Tasks Request:

- Shift (5) Point of Contact/Cell Number Sharing
- Rosters Finalized— submit to Chamber No Later than End of August
- Gate Assignment List
- Shared Training of Volunteers
- Early Distribution of Weekend Wrist Bands

Important FYI's:

- Volunteer Check-In North Gate -12 mins before Shift
- Recommend Bus Transportation
- Friday 1st Shift - special Volunteer Bustown Parking Lot—High Street
- Chamber Staff— Bin delivery beginning of the 1st shift & Cash Pickup—Twice per shift - Bin pickup at the end of the last daily shift/closing times
- Location/Assignment Map Handout
- Tent/Table & Chairs/Water will be provided
- Wristband distribution Tracking
- Rain or Shine Event



DISTRICT 44-N AUGUST 28, 2022 CABINET MEETING



PID Ed Farrington officially installed officers - Pam Prentiss Cabinet Secretary



First Vice District Governor Toni Olden



Second Vice District Governor Mike Leahey



Steve Toomey Cabinet Treasurer



Christine Greenwood-Smart GMT



Sue Lindberg GLT



Brian Rater, Larry Robinson, Heather Hunter, Mike Leahey and Smyth Bouchard Zone Chairs



Rhonda Wynne District LCIF Chair



PDG Nancy Nye report on Vision 2023



PCC Steve Middlemiss report on LSHF

(Candidate for International Director)



PID Ed Farrington presented the President Certificate of Appreciation to Rosemary Gagne of the Merrimack Lions.



PDG Henry McKee report on Lions Twin State Soccer and Leo Clubs



PCC Hilary Kunnick (MD23, CT) Guest Speaker report on the GAT Team



Larry Robinson of the Monadnock Lions was also presented with a President Certificate of Appreciation



WINCHESTER CENTENNIAL LIONS

ANNUAL PICKLE FESTIVAL

~ SEPTEMBER 24, 2022 ~

LOOKING FOR MORE

VOLUNTEERS to work
all day or half the day.

HAVE FUN ALL DAY by helping us

Please contact **Jeanne Usereau** at
603-762-5942 or WLCRSVP@aol.com



DETAILS:

Everyone is invited to come and work as well as enjoy the festival. We will make sure you all have time for FUN!! This year there will be a Parade and NH Lions are invited to walk in the parade approx. 3/4 of a mile) - unless someone has a float they would like to bring ! LOL!

- Work hours are from 9-5 (shifts w/breaks so all can enjoy the event too).
- Kiwanis will have a lunch tent & will feed us. You will be given a free lunch ticket. WCLC will provide coffee, pastries & fruit in the morning & snack in the afternoon.
- Lion work vests will be loaned out to volunteers.
- Two 5 gal buckets will be at each work station. One will be filled with ice & drinking water (you can bring your own snacks too). The 2nd bucket will have Membership applications, trash bags, rubber gloves, hand sanitizer, wet wipes, and a map of the event area, etc.

Work Details:

- Trash stations
- Handing out pickles at the pickle tent
- Membership Table (in the retail store tent)
- Eyeglass collection bin
- Runners & parking lot attendants

Please reach out to Jeanne Usereau individually or as a club so she has the following info on each person coming to help: name, email address, cell phone number (available to be texted while at the Festival, and whether or not you can help all day or half of the day, morning or afternoon.

Asking all volunteers to wear comfortable shoes, dress in layers, wear a hat, bring a folding chair to sit on, cell phone so we can check in with you., car pool if possible.

Any questions, please contact Jeanne Usereau, Cell 603.762.5942 or email WLCRSVP@aol.com

Looking forward to seeing you on the 24th

THE MEMO FOUNDATION ART & MUSIC FESTIVAL



SEPTEMBER 17, 2022
11:00AM-8:00PM

KEYES
MEMORIAL
PARK

MILFORD, NH



USA/Canada Lions
Leadership Forum

September 15 - 17, 2022

Look
Out
Calgary!



Word has it that about a dozen or more Lions from New Hampshire will be attending the forum.

Wishing you all a great time while visiting Calgary and hope you meet and greet new and fellow Lions while there!

Cannot wait to hear all your stories and hope that you share lots of photos with your Lion family back here in the USA!

~ Rhonda Wynne, Roar Editor



the NASHUA LIONS CLUB
100th ANNIVERSARY CELEBRATION!
SATURDAY, SEPTEMBER 30, 2023
NASHUA COUNTRY CLUB

GUEST SPEAKER
IPIP & LCIF CHAIR BRIAN SHEEHAN

Fundraising with Terri Lynn®

EST. 1936



Please visit: <https://LYSNH.terrilynn.com>

Thank You for your Order!

*Free shipping when you order \$30 or more (per recipient address).
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).*

Terri Lynn's Signature Nuts, Snack Mixes, and Chocolates are delicious on their own; but they also make great ingredients for your homemade, tasty creations. Here is another delicious recipe to try!

Pecan Crusted Salmon



Take dinner to the next level with this easy salmon dish. Our Fancy Pecan Pieces are the secret to a perfect finish!

Ingredients

- 4 six oz sized pieces of Salmon
- 2 cups Milk
- 1 cup Terri Lynn Fancy Pecan Pieces (finely chopped)
- ½ cup Flour
- ¼ cup Brown sugar
- 1 tsp Salt
- 1 tsp Pepper
- Vegetable oil

Directions

- Put salmon and milk in a Ziploc bag for 10 min. Take out salmon and discard milk.
- Combine all dry ingredients in a bowl. Completely coat salmon in dry mixture.
- Place oil in a frying pan on med-high heat. Brown both sides (about 2-3 min each side). Place salmon on a cookie sheet lined with non-stick cooking spray and bake at 400 degrees for 8 to 10 min.



The premium nuts, decadent confections, savory snacks and tempting mixes that Terri Lynn provides are unlike anything you will find at your local grocery store and better yet, a portion of every product sold on this website benefits Lions Youth Development of New Hampshire (LYSNH - Lions Youth Services of New Hampshire!)



GAT Team



Monthly Zoom

Membership/Leadership/Service

SEPTEMBER 7th at 7pm

This month we will discuss ***SERVICE IDEAS***

*Oct 5, 2022, Nov 2, 2022, Dec 7, 2022
Jan 4, 2023, Feb 1, 2023, Mar 1, 2023, Apr 5, 2023,
May 3, 2023, Jun 7, 2023*

Join Zoom Meeting

[https://us02web.zoom.us/j/83832863958?](https://us02web.zoom.us/j/83832863958?pwd=T21hVFNRaTAwc2MzY3oxb3MvQWNuUT09)

[pwd=T21hVFNRaTAwc2MzY3oxb3MvQWNuUT09](https://us02web.zoom.us/j/83832863958?pwd=T21hVFNRaTAwc2MzY3oxb3MvQWNuUT09)

Meeting ID: 838 3286 3958

Passcode: 838700

Dial by your location

+1 646 558 8656 US (New York)

+1 646 931 3860 US

Meeting ID: 838 3286 3958

Passcode: 838700

Find your local number:

[https://us02web.zoom.us/j/83832863958?](https://us02web.zoom.us/j/83832863958?pwd=T21hVFNRaTAwc2MzY3oxb3MvQWNuUT09)

Global Action Team

Action Leader:

DG John Wynne

Leadership Leader:

PDG Sue Lindberg

Membership Leader:

PDG Christine Greenwood-Smart

Service Leader:

Pamela Prentiss

District LCIF Coordinator:

Rhonda Wynne

Eyeglass/Hearing Aids Collection

Elda Cordero-Goodman



**Monthly Membership Report from
July 18, 2022 through August 25, 2022**

District Membership YTD/MTH YTD/2021-2022 YR

| | | |
|------------------------|------------------|------|
| Opening Balance | 1031 | 1031 |
| Added Members | 3 | 12 |
| Dropped Members | 7 | 17 |
| Closing Balance | 1026 | 1026 |
| Net Gain/Loss | - 4 | - 5 |
| TOTAL WORLDWIDE | 1,391,809 | |

Club Name New Member Name /Sponsor

| | |
|-------------------|----------------------------------|
| Antrim-Bennington | Ann Gilbert/James Creighton |
| Canaan | Robert Penalis/Michael Krar |
| | Melissa Underhill/Matthew Tucker |
| Keene | Tonya Marshall/Dorothy Walker |
| Orford | Barbara Evans Bach/Russell Estes |
| Wilton | Melissa Ouellette/Melinda Degan |

FREE CLUB Membership Chairs TRAINING

ZOOM Meeting

September 12 at 7pm

Hosted by GMT Christine Greenwood-Smart

Topic: 44N MEMBERSHIP CHAIR TRAINING

Time: Sep 12, 2022 7:00 pm (EST)

Join ZOOM Meeting:

[https://us02web.zoom.us/j/88977223590?](https://us02web.zoom.us/j/88977223590?pwd=aTNaZUc2QXl6S2wya3NROWQwL0MxUT09)
[pwd=aTNaZUc2QXl6S2wya3NROWQwL0MxUT09](https://us02web.zoom.us/j/88977223590?pwd=aTNaZUc2QXl6S2wya3NROWQwL0MxUT09)

Meeting ID: 889 7722 3590

Passcode: 661439



Lions Clubs International


**MD44 Boston Convention
Planning Committee**

Natural disaster knows no borders.

There's no telling when or where a disaster might strike. You can make sure that Lions will always be there when needed.

With 100% of donations going towards grants and programs, LCIF empowers the compassionate service of Lions and those who need our help.

Although those benefitting from your support may never know of your generosity, Lions Clubs International Foundation and our beneficiaries are grateful for your support.

LIONSCLUBS.ORG/DONATE



PRESIDENT'S MESSAGE

Together we can with
International President,
Brian Sheehan

Dear Lion,

We accomplish amazing things together every day because of what you give. And while giving takes many forms, one of the best is your ongoing support of Lions Clubs International Foundation (LCIF). Because that's how we ensure that our biggest projects succeed. And like all things Lions, it starts with you and your club.

The work of LCIF is so important. And you can be a part of it by making a donation, by applying for a grant to take on even bigger projects, and by sharing your LCIF stories and videos. Because the more that our communities know about LCIF, the more our foundation can magnify our service at home and around the world. We're all working together to make a big difference. And when we all give a little, we can accomplish so much.

Make a great day,
Brian Sheehan
International President

Lions of MD44:

2023 will mark **100 years of Lionism in New Hampshire**. With this in mind and with the **International Convention** being held in **Boston, July 7-11, 2023**, we want to celebrate this significant milestone.

We are planning to have the NH Pipe & Drum Band lead us in the International Parade as well as having an MD44 float. In order to do this, we need you and your club!

As the MD44 Council we are asking every club to consider making a donation of \$100 to help cover the costs. We also want to hear your ideas and thoughts beyond the band and float. We strongly encourage you to register and attend the convention.

Please make checks out to MD44 and in the notation "International Convention" and mail to:

MDCST Bill Rathbun
71 Route 104 Suite 4-60
Meredith, NH 03253

THANK YOU!

Robert Gustafson
MD44 Council Chair

John Wynne
44N District Governor

Randy Tompkins
44H District Governor





From LCIF Chairperson Douglas X. Alexander

Greetings Lions and Leos!

As you continue helping the world in times of great need, remember that Lions Clubs International Foundation (LCIF) is here to support you in serving your communities. LCIF awards grant funding that empowers us to make the greatest impact, both locally and globally.

In reading this month's newsletter, I know you will feel inspired and motivated to serve by both doing AND giving.

Thank you for joining us as we build on the success of Campaign 100 by continuing to support LCIF through a donation or pledge and by spreading awareness of the great things made possible through our global foundation. As the needs of the world continue to grow, LCIF remains committed to helping us take our service even further.

Pledge Your Continued Support For LCIF

Continue sustaining our mission and helping LCIF empower Lions to magnify hope globally. Encourage others to join you in pledging support for LCIF.

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."
~John Quincy Adams

EverythingSupplyChain.com

Your Dreams as a Leader... And How Do You Get There?

This month let's talk about your dreams as a leader and how do you make those dreams come true.

As a leader of your club, your zone or your district you probably have goals (dreams) about how you want your year to go. As many of you may have learned, if you don't write down your goals and create a plan, they are really just a wish. So write those goals down. Formulate a plan to make them happen. And share them with your club, your zone or your district. Inspire your group to make your goals, their goals. Then you have a whole group working together to achieve the impossible and make it possible. Maybe you want your club to achieve the Club Excellence Award. The criteria is now available at lionsclubs.org and search Club Excellence. This would give you a roadmap to making this goal a reality.

For your zone, you may work with the clubs to come up with a zone project. Once you all decide on the project, you can all be part of putting the plan together to make it happen. All the clubs in the zone working together will be able to achieve great things and it should also foster camaraderie within your zone.

On a district level, the District Governor has worked with the leadership to develop district level goals. By sharing what his hopes and dreams for the district are, it is the team's job to help this all come true.

Think about what you want to achieve this year. More training, excellence award, reaching out to other clubs to collaborate or just socialize and visit, new projects, more members. Whatever they are, if you don't write your goals down, work with your team to develop a plan, and then share it; your goals will just be a wish.

Let's all make our dreams come true this year.

Sue Lindberg GLT - District 44N



**LCIF GAME FOR LIONS
SEPTEMBER 2022**



Dear Lions,

Well it’s official, I was installed as the LCIF Chair for District 44N during the August 28, 2022 Cabinet Meeting. As mentioned in last month’s Roar, I had introduced a challenge that I will be making to all of you, that is, I will be publishing via the Roar a game where you are asked to make a contribution to LCIF in order to play the game by answering riddles, puzzles or questions relating to our clubs, our Lion families, our communities. But before we get started, I would like to list our District and Multi-District Level LCIF contacts for this Lion Year 2022-2023.

LCIF: Douglas X. Alexander
 MD44: Eric Lindberg
 District 44H: Scott Wilson
 District 44N: Rhonda Wynne

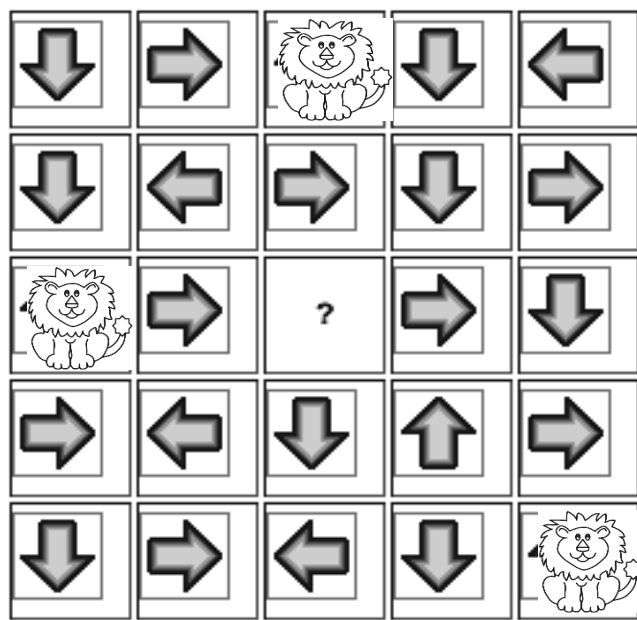
So here are the rules or guidelines beginning with this issue;

1. I will be publishing (5) five riddles each month.
2. In order for you to participate by answering these riddles, you will need to donate **\$10.00** to LCIF.
3. Please make check payable to: **District 44N** and make the notation “**LCIF Game**” and mail the check to: Rhonda Wynne
 344 Elm St U61, Milford NH 03055
4. You can email me your answers or mail them along with your donation check. My email address is: rwynnemilford@comcast.net
5. The answers to the (5) five riddles will be published in the following month’s issue of the Roar newsletter. There will be (5) more riddles to answer and will continue each month.
6. At the end of the game, one winner with the most correct answers will be selected and will be given a \$100.00 Gift Card to a Restaurant of their choice.

This is just for this game, additional individual and/or club donations to support **LCIF** are always welcome. Good Luck! Have FUN!

Rhonda Wynne, 44N District LCIF Chair

1. How many vowels are there between the letters “L” and “N”?
2. From Keene to Wilton from Henniker to Lebanon and beyond, how many Duck Races were there this year?
3. You walk into an old Lion’s Haunted House. It has no power or plumbing. Once inside you see three (3) doors. Each door has a number on it. Behind each door is a known way in which you could die. Behind door number one, you could possibly die by getting eaten by a Lion. Behind door number two, you could possibly be stabbed or murdered. Behind door number three, you die by an electric chair. You can’t turn back so you have to go through a door. Which door do you go through?
4. Forrest left home running. He ran a ways and then turned left, ran the same distance and turned left again, ran the same distance and turned left again. When he got home, there were two masked men, who were they?
5. What should be in the middle square with the “?”





TALES OF THE SERVICE TRAIL UPDATE August 2022

Ahhhh August The summer doldrums of Lions Clubs activities. In North America, right? Not much going on in our world? Yeah, we all have some fundraising. Like my club's 10-day State Fair operation of the last sit-down restaurant on the oldest fair in the US (continuous since 1818, even through world wars and Covid. Of course our club did not join until 1935 when the club formed). Or the service activities providing youth activities and continuing with summer food backpacks across many of our communities.

But things of great importance also happen in our Lions world! On Tuesday, August 9, 2022, the Lions Clubs International Board of Directors met by video links. The Executive Officers and Pursuant to the new Board policy enacted in June at the Montreal Board Meeting to promote openness in Board proceedings, the Directors received the report of the Advisory Committee which vets the endorsed candidates for Third Vice President. I am excited to announce that by the unanimous vote of both the Executive Officers and the 2022-2023 Board of Directors, the endorsed candidate for 3VP to be voted in LCICON 2023 Boston is(drum roll)..... **Lion Mark Lyon, PID**, of CT's MD23A and his partner in service Lion Lyn Lyon! Hurrah! Lions Mark and Lyn will serve this Association with great enthusiasm and distinction. Please support Lion Mark at this convention!

In the meantime, I hope to see many of you at the USA/ Canada Lions Leadership Forum in Calgary this September. It will be a blast to finally be back in Canada for this great time. At the Forums, Lions excel in providing training, camaraderie and friendship across all of our districts. Karol and I are always excited to see old friends at the Forum, and to make new friends. And the world-class speakers and the best of our Lions presenting sessions for all of our interests make this the event that Lions do best.

This is a great start to further Lion Brian Sheehan's goal as our new International President - TOGETHER WE CAN! Together we can learn how to make Lions the best service organization in the world. Together we can continue to grow our clubs and zones which will lead to more members' hands to help each of us serve more people in need. And together we can continue to support LCIF so that Lions can Raise the World well into the future.

And speaking of LCIF - **Thank You** for helping to raise over \$326 million for Campaign 100! But, this is not the time to stop supporting LCIF as we still have so much need in our own worlds as well as across the globe. We still serve when floods and tornadoes strike, and when each of us has a project in our district that needs that extra boost to happen. Our Foundation!

For several months, I have closed each "Tales" with ten ideas for finding new members (totally stolen from other Lions). The response continues warming, so here are ten more ideas:

61. Wear your Lions Pin! You will need the 15-sec elevator speech!
62. Promote your club events at other groups during announcements.
63. Send your newsletter to guests as a follow-up!
64. When asked about your leadership skills, mention your Lions club.
65. Ask a member of the DG or GAT team to talk to your club about growth.
66. Have every member submit three potential member names to the chair.
67. HAVE FUN!
68. Give every member a Lions car decal or sticker to every member.
69. Give club testimonials when guests are at the meeting.
70. Repeatedly invite prospective members to club projects and meetings.

Another ten next month!

Enjoy your fellow Lions! Enjoy the summer fundraising projects, service, and fun! Please take care of your Lions and yourself, as well as your communities.

And remember - **LCI CON 2023 BOSTON** is here soon !

I thank all of you again for this honor to serve Lions and the world. We promise that we will do our best to represent all Lions world-wide.

*Lion John W. Youney,
International Director 2021-2023,
& Lion Karol Kish Youney*



Diabetes, High Blood Pressure, and Chronic Kidney Disease (CKD)

If you or someone in your family has diabetes, high blood pressure or a history of kidney disease, you could be at risk for developing CKD. CKD develops when the kidneys lose most of their ability to remove waste and maintain fluid and chemical balances in the body. CKD can progress quickly or take many years to develop.

Knowing Your Risk Factors

Many people don't know they have diabetes or high blood pressure, so they aren't managing these problems that can lead to CKD. Below are things to keep in mind:

- 1 in 10 Americans has diabetes, the leading cause of kidney disease
- Nearly half of Americans have high blood pressure or are taking medication for it, the second cause of kidney disease
- Anyone with diabetes, high blood pressure, or a family history of kidney disease is at risk for CKD
- About 37 million Americans have CKD
- 9 in 10 adults with CKD don't know they have it
- African Americans, Latinos or Hispanics, American Indians and Alaska natives are at high risk for developing kidney failure, in part due to high rates of diabetes and blood pressure in these communities
- Kidney disease is more common in people 65 years or older. Together, diabetes and high blood pressure account for almost two in three cases of CKD

Preventing and Delaying CKD

Anyone with diabetes and/or high blood pressure can take steps to try and prevent CKD, and those who already have CKD can try and slow the process. Early detection, managing blood sugar (blood glucose) levels and blood pressure, living a healthy lifestyle, and health education can help prevent or delay CKD from progressing.

Two Main Causes of Kidney Disease

#1 Diabetes - If you have diabetes, your body either doesn't make enough insulin or doesn't use the insulin it makes well enough to manage your blood glucose. Risk Factors - Family history of diabetes, Obesity, 40+ years of age, High blood pressure

#2 High Blood Pressure – Also called hypertension, high blood pressure damages blood vessels that carry blood to organs such as the kidneys. Risk Factors – Family history of hypertension, Obesity, Stress, High-sodium diet. ADA/DaVita Kidney Care ~ *submitted by Jeanne Drugg*



Childhood Cancer

September is Childhood Cancer Awareness Month!

Every September, healthcare institutions, advocacy organizations, patients, and families raise awareness for childhood cancer. September was officially recognized as National Childhood Cancer Awareness Month in 1990. You and your club can bring attention to childhood cancer and advocate for childhood cancer research by hosting events and displaying gold ribbons. These events bring people together to share stories and push for continued efforts to find new treatments. (National Cancer Institute) The color gold symbolizes how precious children are and the resiliency of childhood cancer heroes. The ribbon stands for dozens of childhood cancer types.

43 children in the US are diagnosed with cancer every day. Worldwide, about 230,000 children and adolescents are diagnosed with cancer each year. Nearly 10% of children with cancer develop the disease because they inherited a genetic mutation. Hospitals like St. Jude Children's Research Hospital, are working to uncover these mutations and increase the chances of early detection and treatment. There are more than 95% of childhood cancer survivors that have significant treatment-related health issues. Over 483,000 childhood cancer survivors live in the US.

St. Jude Children's Research Hospital has some groundbreaking survivorship studies that are providing a greater understanding of the long-term effects of pediatric cancer treatment and help researchers develop novel therapies to minimize those late effects.

CHaD at Dartmouth has a wish list since COVID-19 has impacted their donation needs and acceptance process.

They can be found at Amazon (https://www.amazon.com/hz/wishlist/ls/3T0LFOLK7I124/ref=hz_ls_biz_exfbclid=IwAR0Zoa6tIHJJCIVV05GgYnUruGla7T1ekNAB28jqiiPUvGNksft6dLhrLIK) and Playopolis (https://www.playopolistoys.com/my-lists/view-a-list/?wclid=10539&fbclid=IwAR0jatnP0rTsjcQiqm5RG_YTOJPFRYifU22TNI7jgkh-SF17rjgqtlNLSlo).

Please consider making a donation through your clubs or individually and don't forget to record it in **MyLion** if you do!!

~submitted by Pam Prentiss



Hudson Lions Club



MEAT RAFFLE

-It's like Bingo with Playing Cards-

Beef— Poultry—Pork
Friday September 16th
7:00pm @VFW Post 5791
15 Bockes Rd Hudson, NH

Proceeds Benefit Hudson Lions Club Charities including Vision and Hearing assistance, Vision Screening in the schools, Holiday Gifts for families in need, Holiday gifts for seniors, Food Pantry, College Scholarships for High School Seniors, and many other community needs



For Questions or Information please contact Jerry Vaccaro

603-204-7752 or lionjerryvaccaro@gmail.com



New England Lions Council (NELC)

“Serving the Needs of the Districts of New England”



2022 USA/Canada Leadership Forum

Calgary AB, Canada

Saturday, September 17

BREAKFAST GATHERING - 7AM

Doors Open at 6:45 AM

Westin Hotel (HQ) - Bonavista Room

Keynote Guests: Lion President Brian & Lori Sheehan

Hosted By: Lion ID John & Karol Youney

Registration: \$42.00

Buffet to Include:

- Fresh Seasonal Fruit Selection;
- Starbucks Coffee, Teavana Teas, Chilled Orange, Cranberry & Grapefruit Juices;
- Scrambled Eggs w/ Cheese & Scallions – Maple Bread French Toast & Maple Syrup;
- Locally-Grown Young Potatoes, Smashed & Twice-Baked w/ Fresh Herbs; and
- Canadian Back Bacon – Alberta-Raised Chicken/Apple Sausages.

NAME: _____

ADDRESS: _____

DIST/MD: ____/____ **TITLE/POSITION:** _____/_____

CLUB: _____ **CLUB POSITION:** _____

PHONE: _____ **EMAIL:** _____

Make Check Payable to:

NELC

Mail Check/Form to:

PDG Al Goldstein, Treasurer

35 Main Street

Atkinson, NH 03811

OR

Venmo Payment to:

AL-Goldstein-2

(Not Case Sensitive)

& Send Imaged/Scanned Form to: algoldstein@comcast.net

(Using #1, not "L")

Registration Deadline: September 10

**Questions or Special Dietary Needs to: PCC Hilary Kumnick, President
Cell/Text: 860-638-7869 or: hkumnick@aol.com**

Veteran's Corner: Veterans helping Veterans

**VISIT THEIR FACEBOOK PAGE:
NEW HAMPSHIRE VETERANS HOME**

<https://www.facebook.com/nhveteranshome/>




NH Veterans Home
5th Annual
CRAFT FAIR
Sat. September 24th
9:30am - 3:30pm
 Pavilion Entrance - **Colby Road, Tilton**

85 Vendors
100 Raffle Items
Food
Music & more!

FREE Admission - Rain or Shine
www.nh.gov/veterans | www.facebook.com/nhveteranshome

NEW HAMPSHIRE VETERANS HOME
 5TH ANNUAL CRAFT FAIR
RAFFLE


WIN AN AUTOGRAPHED OFFICIAL NBA
 BASKETBALL FROM THE 2020-2021
 BOSTON CELTICS!
SSA TICKET

ALL PROCEEDS GO TOWARDS
THE RESIDENT BENEFITS FUND AT THE
NEW HAMPSHIRE VETERANS HOME



WINNER WILL BE ANNOUNCED
ON SEPTEMBER 26

AUTOGRAPHS INCLUDE

| | | |
|---------------------|------------------|----------------|
| JAYSON TATUM | GRANT WILLIAMS | LUKE KORNET |
| JAYLEN BROWN | PAYTON PRITCHARD | SEMIO JEJEYE |
| MARCUS SMART | TACKO FALL | CARSEN EDWARDS |
| ROBERT WILLIAMS III | ROMEO LANGFORD | MORITZ W |
| KEMBA WALKER | AARON NESMITH | TREMONT WATERS |

CONTACT: [PATTY PELAND](mailto:patty_peland@nhvh.nh.gov) OR [HEATHER SPARANO](mailto:heather_sparano@nhvh.nh.gov) | [VOLUNTEER@NHVH.NH.GOV](mailto:volunteer@nhvh.nh.gov) TO
 LEARN MORE ABOUT PURCHASING RAFFLE TICKETS
 OR CALL 803-527-4900



Thank you for your interest in the New Hampshire Veterans Home Wish List! Below are items that would assist us in providing quality programs for our Veterans.

- 1.) Display cases for veteran-created art, military memorabilia, and seasonal items. Cost is for materials to convert former planter boxes on our Life Enhancement Dementia Unit (LEDU) neighborhoods; our maintenance team will construct the 16' long x 14" wide x 14" high cases
- 2.) Stackable outdoor chairs with arm rests
[Carnegy Avenue Brown Outdoor Dining Chair \(5-Pack\) CGA-TLH- 452199-BR-HD \(homedepot.com\)](#)
- 3.) Axiom Discs Pro 24-Chain Disc Golf Baskets
https://www.amazon.com/Axiom-Discs-24-Chain-Disc-Basket/dp/B072XX71NN/ref=sr_1_15_sspa?crd=2C4PD5ZK4OUMC&dchild=1&keywords=fri
- 4.) CROWN ME Disc Golf Set, Disc Golf Starter Set
[Amazon.com: CROWN ME Disc Golf Set with 6 Disc Set: Sports & Outdoors](#)
S & S Worldwide Wooden model/
woodworking kits (minimal/no tools needed)
#WD3224: Unfinished Fantasy Flight Assortment – unassembled, 4pack
[Buy Unfinished Fantasy Flight Assortment, Unassembled \(Pack of 4\) at S&S Worldwide \(swww.com\)](#)
#WD3206: Unfinished Wood Jeep Kit
[Buy Unfinished Wood Jeep Kit, Unassembled at S&S Worldwide \(swww.com\)](#)
#GA7519 Unfinished Classic Cars of Yesteryear Unassembled, set of 6
[Buy Unfinished Classic Cars of Yesteryear, Unassembled \(Set of 6\) at S&S Worldwide \(swww.com\)](#)
[Buy Unfinished Antique Air Fleet, Unassembled \(Set of 6\) at S&S Worldwide \(swww.com\)](#)
- 5.) Audubon Singing Bird Collection #WRAUDUBON9
[Wild Republic Audubon Singing Bird Collection Set of 9 \(bluebirdlanding.com\)](#)
- 6.) Whisper GLIDE Wheelchair accessible swing
<https://whisperglide.com/collections/all/products/whisperglide>
- 7.) Red River Commodities Bird Seed 40 LB Bags
[Red River Commodities 40-lb Hello Birds Wild Bird Seed Ready-to-Use Bird Seed in the Bird & Wildlife Food department at Lowes.com](#)
- 8.) Trex Monterey 5-piece, round table and 4 arm rest chairs – color 'Tree House'
[Monterey Bay 5-Piece Dining Set - TXS101-1 \(trexfurniture.com\)](#)
- 9.) ADA Compliant Courtyard walkways
Asphalt - wheelchair accessible walkway
- 10.) Lucite or Acrylic Display Case: 48" x 18" x 8" (for a model ship collection display) Price to be assessed (can be purchased or constructed)
- 11.) Pizza Parties for 50 veterans
- 12.) Ice Cream Social for 50 veterans
- 13.) BBQ for 50 veterans
- 14.) Bingo Game Sponsorship
- 15.) Special (monthly) Bingo Game Sponsorship
- 16.) Apple AV lightening cords
<https://www.apple.com/shop/product/MD826AM/A/lightning-digital-av-adapter>
- 17.) Nerf N-Strike Elite Surge Fire 15-Dart Rotating Drum Blaster
<https://www.walmart.com/ip/Nerf-N-Strike-Elite-SurgeFire-15-Dart-Rotating-Drum-Blaster/473811003>
- 18.) Storage cabinets for Recreational Therapy carts in Rec Center—Cost to be determined

We sincerely appreciate you taking the time to review our wish list. We welcome you to purchase any item(s) on the wish list or send the funds for us to make the purchase on your behalf. Please note that prices frequently fluctuate and are accurate as of the date this document was updated.

If sending funds, please make checks payable to: NHVH Resident Benefit Fund *note the item(s) to be purchased or event to be sponsored in the memo.*

Mail to: New Hampshire Veterans Home
Attention: Maureen Campbell
139 Winter Street
Tilton, NH 03276

If you have any questions, please contact:
Maureen Campbell
Recreation Therapy Supervisor
at: 603-527-4889, or

maureen.p.campbell@nhvh.nh.gov

TDD Access: Relay NH 1-800-735-2964
www.nh.gov/veterans



Celebrate With Us!

Hudson Lions Club Diamond Jubilee

Sunday
 September 25, 2022
 3:00-4:00PM Social
 4:00PM Dinner
 Followed by Guest Speaker
 and entertainment



The White Birch
 Function Hall
 222 Central St.
 Hudson, NH

Serving the Hudson Community, the District and Lions International since 1947!

Served Buffet Menu \$35.00 per person

Roasted Turkey w/Gravy & Stuffing, Mashed Potatoes, Butternut Squash,
Dinner Rolls & Butter, Tossed Garden Salad

Vegetarian Menu available upon request by September 13th!

Business Casual Attire

Guest Speaker PID Ed Lecius

Entertainment by Marlana Phillips, Singer, Songwriter

BY RESERVATION ONLY

RETURN FORM WITH PAYMENT BY SEPTEMBER 13, 2022

MAKE CHECKS PAYABLE TO HUDSON LIONS CLUB (\$35.00 PER PERSON)

MAIL TO: KIMBERLEE FOURNIER, 16 MARSH RD, HUDSON, NH 03051

Email: Kimberleef60@yahoo.com

NAME (S) _____

EMAIL: _____ PHONE _____

NUMBER ATTENDING _____ CLUB _____ AMOUNT ENCLOSED _____ CHECK NO.# _____



Comments from Multiple Council Chair Bob Gustafson

The New Hampshire Multiple District 44 had its first meeting of the new fiscal year on Wednesday, August 17th at T-Bones in Concord. It was District 44N District Governor John Wynne’s birthday and we all sang a nice rendition of “**Happy Birthday**”!!!! I thought DG JW was very pleased with this honor bestowed upon him.

This is a very exciting year for the Multiple District. We will be voting on our International Director candidate, PCC Steve Middlemiss at the Mid-Winter convention in January and then we will be preparing for Convention festivities at the 105th International Convention in Boston in July. A committee will be convened to discuss fundraising and other necessary activities to be accomplished for this Event. More information will be forthcoming. Remember, 2023 will be the 100th Anniversary of Lionism in New Hampshire. Let’s celebrate with **Gusto!**

DG Randy Tompkins and DG John Wynne updated us on their intentions this year for their respective Districts. Our two New Hampshire DG’s also voted to endorse Mark Lyon from Connecticut as the 3rd Vice President of Lions International. The DG’s also voted to accept the audit report from PCC Charlie Vars from MD44’s last fiscal year. Congrats to PCC Alan Ricard for a fine year. And, the MD44 Budget for the upcoming year was approved.

We heard reports from the GAT Team- GLT Bill Rathbun/GMT Henry McKee and GST Celeste Ricupero (*read*), LCIF- PDG Eric Lindberg, NELC– PDG Al Goldstein, NHPPDG– PDG Toni Olden, Twin State Soccer– PDG Henry McKee, LYS– Lion Eric Olsen, LS&H– PCC Steve Middlemiss (*read*), HSNH (PCC Scott Wilson stepped in for Lion Tom Reynolds) and of course, MD44 Bylaws and Uniforms - Lion Joe Kasper. Overall, a very informative meeting.



New England Lions Council
Serving the Needs of the Districts of New England

PCC Hilary Kumnick, Council President
Phone/Text: 860-638-7869
Email: hkumnick@aol.com

PDG Al Goldstein, Council Treasurer
35 Main Street
Atkinson, NH 03811
Phone: 603-913-1281

Email: a1goldstein@comcast.net

(Note: It’s a #1 not an “L” in the Email Address)

INDIVIDUAL MEMBERSHIP

RE: New England Lions Council
Individual Membership

2022 - 2023 NELC DUES: \$10.00

Membership coverage is from
July 1, 2022 to June 30, 2023

Name: _____
District/MD _____
District MD Position(s): _____
Mailing Address: _____
City/State/Zip: _____
Best Phone: _____
Email: _____

Renewal _____ New NELC Member? _____

Amount _____ Cash/Check _____

Please send **Form** to Lion Al Goldstein, PDG
at the above address with a check to NELC

Or....you can now pay via Venmo: @a1-Goldstein-2



LIONS YOUTH SERVICES
PO Box 156
Atkinson, NH 03811

~ GRANT APPLICATION ~
All Applications Must Be Mailed

- 1. Contact Info: _____
- 2. Phone # _____
- 3. Club _____ District _____
- 4. Requester's Name _____
- 5. Mailing Address: _____
- 6. E-Mail Address: _____ *Club President Signature*

7. **Project Details:** _____

8. **Project Budget:** _____ 9. **Requested Amount:** _____

10. **How many youth would be effected by this grant?** _____

(Evidence of impact)

Grant Request Summary: All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date _____

Today's Date: _____

Board Approved _____ *Board Denied* _____



Lions Youth Services

The August 11, 2022 monthly Lions Youth Services meeting was called to order by Vice President Rhonda Wynne at the Airport Diner in Manchester. Joining the meeting were Lions Lori Wiley from the Bedford Lions, Smyth Bouchard from the Granite State Virtual Lions, and Jeff White from the Canaan Lions.

Peace Poster Contest - “Lead with Compassion”.

The following clubs have purchased kits for the 2022-2023 contest as of this date:

44N Clubs: Bedford, Canaan, Chesterfield, Concord, Jaffrey-Rindge, Lebanon Upper Valley, Milford, Pinardville, Winchester. (9 clubs)

44H Clubs: Atkinson, Barrington, Conway, Hampstead, Hudson, Rye/AIR, Sandown, Windham, and Wolfeboro/Camp Pride. (9 clubs)

A total of 18 clubs with 26 kits purchased to date.

If you have not paid for your kit, please send payment to Lions Youth Services, PO Box 156, Atkinson, NH 03811 and indicate “Peace Poster” on the memo line.

Please make sure your Peace Poster Chair is getting ready to implement the contest if they have not already done so in order that they can stay on top of it as the beginning of the school year is here. See editor’s article on the Peace Poster Contest in this issue of the newsletter.



Terri Lynn Fundraiser - please look for the latest flyer in this newsletter. Check out the latest recipe for Pecan Crusted Salmon.

Please visit: <https://LYSNH.terrilynn.com>

to check out all the other great nuts, snacks, and chocolate selections Terri Lynn has to offer.

As always we thank you for all the support with this fundraiser.

Fisher Cats - approval was made for tickets for the Souhegan Boys & Girls Club to attend a Fisher Cats baseball game the end of August.

A discussion on purchasing tickets for other youth groups to attend Fisher Cats games was made. No confirmed game event or group was requested at this time. A potential idea was also brought forth concerning offering youth groups to the Twin State Soccer game with a similar package as the Fisher Cats.

LYS Grant Program - two applications were received and reviewed. One from Wolfeboro Lions and one from the Granite State Virtual Lions. A motion to approve both was called and both were approved.

Mid-Winter Service Project - potential ideas were discussed, one was collection of supplies for the WayPoint Drop-In centers for youth similar to what we had done previously, (toiletries, underwear, socks). Another potential idea was to make fleece blankets to give to first responders and social workers to give to children in times of crisis (i.e. fire, removal from home, etc.). Members will research these ideas and report at the next meeting. No other ideas were brought forth at this time. Further discussion and ideas to be brought up at the next meeting.

Do you remember these?

Underwear!



Next Meeting - will be held on Thursday, September 8, 2022 at 6:30 pm at the Airport Diner in Manchester, NH.

ALL LIONS are WELCOME! See you then!



**PEACE POSTER CONTEST
2022-2023
“LEAD with COMPASSION”**

In reflecting upon the number of years I have been involved with Lions Youth Services and the LCI Peace Poster Contest, I found that it has been 8 wonderful years. Boy the time passes quickly and I have been blessed to be a part of such a group of Lions and watch as this Lion family grows each year. I have a special place in my heart for all the service and support that we provide to our communities and beyond especially to our youth. I guess that’s the maternal instinct in me!

We have now begun another year and the Peace Poster Contest is underway. Schools will or have now opened for the year. Please be sure that your club has contacted the school or youth group in your area and if necessary guide them as to what the rules or requirements are for the contest. You will find all necessary information in the Peace Poster Kit. If you have any question as to how to proceed, please don’t hesitate to contact me or anyone on the Lions Youth Services Board.

Sometimes it is difficult to get participation because of the LCI age requirements (11,12,13) but during the pandemic we found a way to include all who are interested in holding the contest. I don’t know why LCI has these age requirements but nonetheless we have found it hasn’t deterred the participation. My club has been participating for quite some time, even before I was involved, with offering the middle school art class to enter the contest under the LCI age

requirement. Our club chooses three winners, 1st, 2nd and 3rd place. We present them with a framed photo copy of their work along with a monetary award. Of course the 1st place winner’s original poster is turned in for judging to the District Governor and if it is the winner it goes on to the Multiple Council Chair for further judging and if it is the final winner, the chair forwards it to LCI. Their original poster will not be returned to them. That’s why it is a great idea to have their poster photographed and framed for them. However, if they are not selected as the final winner, then their poster is returned to them. Well, last year the Milford Lions included a youth group outside of the school and we followed the same reward process as we did with the school. All were able to participate regardless of their age. There was only one participant that fell into the age requirement who could move on in the judging process but a 2nd and 3rd place winner were also chosen, all were given a framed photo copy of their poster along with a monetary award. To summarize, it’s basically up to your club whether or not you wish to follow this process or something similar. Hopefully, I have helped in explaining how your club can get involved with this contest regardless of the LCI age requirement. Of course, you can do it your way!

Below, I have featured the past district winners since 2014. It amazes me how talented and creative these young artists are and continue to be through the years. I am excited to see what’s in store for November! Again, if you need any further information or have questions, please don’t hesitate to contact me.

Thank you— Rhonda Wynne, LYS, Editor



2014-2015
Peace, Love, & Understanding
Emily Sullivan -Milford Lions



2015-2016
Share Peace
Ezra Avery - Orford Lions



2016-2017
Celebration of Peace
Jillian Dorf - Merrimack Lions



2017-2018
The Future of Peace
MacKenzie Franek - Hudson Lions



2018-2019
Kindness Matters
Stella Belanger- Pinarville Lions



2019-2020
Journey of Peace
Nyla Shosa - Concord Lions



2020-2021
Peace Through Service
Madisen Eno - Concord Lions



2021-2022
We Are All Connected
Kylie Rilling - Chesterfield Lions
22



THE DOGSIGHT PROJECT



**A Program of the
New Hampshire Lions**

**Multiple District 44 –
Health Services of New Hampshire**

Coming Together as A Team

Jewel and I had our placement review about six months after she came to me. We were clearly a good working team by then, but as we approach our one-year anniversary, something very special has happened. We are now much more than a ‘good working team,’ we are a great team. I have heard that it takes about a year for a team to really get to know one another – and we are proof of that. There really is so much to work through concerning both guide work and sharing the home. She’s almost got the cats figured out, too!

Be well, be kind, be hopeful.

You can get this new Lions Year off to a great start by sending a contribution to the DogSight 2022-2023 campaign to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Thank you for your support!!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Goal for Fidelco in 2022-2023: \$15,000

**Lions Sight & Hearing
Foundation**

PO Box 970
Concord, New Hampshire 03302-0970



Comments from LSHF President PCC Steve Middlemiss

LSHF held its August meeting via Zoom as I was out of town. We had 14 directors attend.

Project Chair Lion Dan Diemand brought forward 2 new cases which were all approved. After vendor discounts and club contributions the final cost to LSHF was \$2,000. Year to date LSHF has helped 6 individuals for a cost of \$6,600.00. Once again, a great job by Lion Dan. Thank you Lions of MD44 for supporting LSHF and allowing us to help those in need in our communities.

Treasurer PCC Fred Plett reported that the Audit was completed on August 6, 2022 and everything was in order. PDG Eric Lindberg mentioned that the Health Service of NH has purchased 10 new Vison Screeners which LSHF had contributed funds in support of this past fiscal year. Lion Mike Davis had forwarded information to the members of the board information regarding the FDA approving Over-The-Counter OTC hearing aids for mild to moderate hearing issues. We will monitor this as we attempt to determine how this will affect Hearing Aid costs.

Please remember that every Lion of MD44 is a member of the Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm.

Due to my being out of town for the September meeting, as I will be attending the USA/Canada Forum, VP/PDG Marie Hall will be chairing the meeting.

Yours in Lionism,

PCC Steve Middlemiss
President LSHF



Melvin Jones Installments as of August 24, 2022

Please use up these balances if you are considering honoring someone with a Melvin Jones Fellowship.

| Club | Total | Club | Individuals |
|--------------|---------------------|------------------|------------------|
| Amherst | \$19,884.04 | \$15,708.04 | \$ 4,176.00 |
| Andover | 2,340.00 | 980.00 | 1,360.00 |
| Antrim | 5,050.00 | 4,700.00 | 350.00 |
| Bedford | 2,222.31 | 402.31 | 1,820.00 |
| Bristol | 330.00 | 150.00 | 180.00 |
| Brookline | 9,859.00 | 9,536.00 | 323.00 |
| Canaan | 3,978.14 | 1,852.92 | 2,125.22 |
| Chesterfield | 2,218.46 | 2,055.00 | 163.46 |
| Cohase | 2,603.00 | 1,708.00 | 895.00 |
| Concord | 5,139.52 | 117.00 | 5,022.52 |
| Enfield | 702.00 | 157.00 | 545.00 |
| Franklin | 563.00 | 453.00 | 110.00 |
| Gap Mtn | 2,270.00 | 2,050.00 | 220.00 |
| Goffstown | 3,462.00 | 2,217.00 | 1,245.00 |
| Pemi Baker | 929.64 | 929.64 | 0.00 |
| Hanover | 6,232.00 | 6,132.00 | 100.00 |
| Henniker | 1,350.00 | 1,250.00 | 100.00 |
| Hillsboro | 9,799.00 | 7,589.00 | 2,210.00 |
| Hinsdale | 808.00 | 808.00 | 0.00 |
| Hooksett | 680.00 | 380.00 | 300.00 |
| Hopkinton | 1,320.00 | 0.00 | 1,320.01 |
| Jaffrey | 1,500.00 | 1,500.00 | 0.00 |
| Keene | 7,314.25 | 3,309.25 | 4,005.00 |
| Lancaster | 635.00 | 635.00 | 0.00 |
| Lebanon | 1,796.00 | 676.00 | 1,120.00 |
| Lisbon | 917.00 | 917.00 | 0.00 |
| Littleton | 10,100.00 | 10,080.00 | 20.00 |
| Manchester | 990.00 | 720.00 | 270.00 |
| Merrimack | 2,691.00 | 2,621.00 | 70.00 |
| Milford | 5,477.76 | 1,013.75 | 4,464.01 |
| Monadnock | 3,315.00 | 3,200.00 | 115.00 |
| New London | 2,107.00 | 1,407.00 | 700.00 |
| Newport | 772.00 | 722.00 | 50.00 |
| Orford | 1,278.00 | 1,133.00 | 145.00 |
| Peterborough | 475.00 | 450.00 | 25.00 |
| Pinardville | 200.00 | 199.99 | 00.01 |
| Souhegan | 1,659.21 | 1,419.21 | 240.00 |
| Weare | 1,460.00 | 1,420.00 | 40.00 |
| Whitefield | 1,620.00 | 1,620.00 | 0.00 |
| Wilton | 2,700.00 | 2,400.00 | 1,350.00 |
| Winchester | 1,775.00 | 400.00 | 1,375.00 |
| District 44N | 2,607.00 | 2,607.00 | 0.00 |
| TOTAL | \$132,619.33 | 97,205.11 | 35,414.22 |



**LIONS SIGHT & HEARING FOUNDATION
OF NEW HAMPSHIRE, INC.**

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their account with Sight & Hearing. Consider using those funds to individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment. Clubs may donate to LSHF in \$100.00 increments.

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications Online

[nhlions.org\(Sight & Hearing, Granite State Fellow](http://nhlions.org(Sight & Hearing, Granite State Fellow)

or from **Chairman PCC Roger LaTulippe**
at 603-566-9409
email: **dgroger@comcast.net**

ENFIELD-MASCOMA LIONESSE LIONS

The club collected plastic for recycling and earned a second TREX bench for our community. The first bench was placed on the lawn of the Enfield Library and the second bench is planned for a shady area overlooking the flower garden at Huse Park in Enfield. Lioness have been the backbone of this project for several other clubs in our community as well.

Club members had the pleasure of meeting two new prospective members at our August meeting and look forward to their joining us in service.

A new chairperson stepped forward to continue the “Adopt a Highway” program and the fall clean-up day is planned for October.

Ten members worked as part of a Food Drive on August 27th collecting **881** pounds of needed items for our local Friends of Mascoma Food Pantry – providing three full racks of staple items thanks to the awesome generosity and caring of our community.

Plans are coming together for the Harvest Dinner for September 24th – an awesome Roast Pork dinner with all the fixings and Apple Crisp for dessert. All are welcome for eat-in or take out dinners.

In addition to the regular organizational items to prepare for the new Lioness year, two new agenda items were added. First, *Sharing* brought many laughs over a story about squirrels tossing apples at the young deer underneath. Second, *Shout Outs* recognized a member for joining the board meeting and adding great input as well as stepping up when needed. What a fun and productive evening!

~ submitted by Mary Magnell



The Jaffrey-Rindge
Centennial Lions



presents a

MURDER MYSTERY DINNER

“The Wonderful Christmas
Crime of the Year”

October 29, 2022

6pm - 9pm

American Legion
20 Webster Street
Jaffrey, NH

TICKETS \$50

There will also be a
Silent Auction and 50/50 Drawings

More Details to Follow

*For further information, please call
Laura 603-532-6029*

CANAAN LIONS

The Canaan Lions have had a very busy month.

- Health Closet - handled 61 units of equipment, serving 31 individuals
- Participated in five Canaan Old Home Day Events; sponsored the Friday evening Classic Car Show, 39 entries, Saturday Horseshoe Tournament, 13 Teams & 12 Singles participated. Had a float in the Parade. Received 3rd place Ribbon & sponsored annual John Ricard Memorial Soapbox Derby had 9 Racers & 9 participated in the special needs event. The special needs cars provided by LYSNH for the event. Trophies were awarded for the races & medals to all participants. Sunday Youth RC racing co-sponsored by the Canaan Lions providing Trophies, 18 Lions participated
- Provided 1 Eye Exam & Glasses.
- Completed their second 500lb plastic recycling collection for TREX
- Sponsored three band concerts on the common this month over 300 attended them.
- August Blood Drawing was canceled by the Red Cross they couldn't get enough to run it
- Received \$50.00 Memorial Donation for the Health Closet
- Canaan Lions & Heritage Farms Benefit Polo Game. Canaan Lions collected \$349.00 donations at the gate all proceeds goes to Dog Sight program
- Two Canaan Lions attended the monthly LYSNH meeting in Manchester
- Moto-X Practice & Race Aug 13, 69 riders & Aug 14, 203 riders; next events are August 20 & 21

- submitted by Harry Armstrong

MERRIMACK LIONS

Merrimack Lions recently recognized the following two members with the prestigious Melvin Jones award



(pictured from left to right; Art Cusato, Phil Przbyszewski and Paul Pearsall.

Art Cusato & Paul Pearsall awarded the Melvin Jones presented by Phil Przybyszewski

Art Cusato, has been an active member of our club for over 37 years. Over that period of time, he has served as President (twice). He has also filled many other club positions including: 1st VP (twice), 2nd VP (twice), Secretary (three times), and Tail Twister (twice). He has also chaired or co-chaired several committees over those years. After reviewing the club archives, I found that this individual was the chairperson for the club sponsored Miss Merrimack Pageant back in 1986. That sure was a while ago! More recently he has been active on the Board and involved in the annual Ice Fishing Derby.

Paul Pearsall, has been an active member of our club for over 29 years. Over that period of time, he has served as President (twice). He has also filled many other club positions including: 1st VP, Director, Treasurer and Secretary. He has also chaired many of this club's important committees over those years. Who can forget the July 4th Hot Dogs From Around the World or the trumpet playing at the Friar's Christmas Party, and the many Ice Fishing Derbies at Wasserman Park? He has also donned the Melvin Lions Suit on many occasions including the Friar's Party and town parades. Paul currently serves on the Tri State Soccer committee.

~submitted by Rosemary Gagne, Secretary

HILLSBORO LIONS



1. Replaced Lion's Road Sign located on West Main St. in Hillsborough that was previously damaged.
2. Replaced sign board located on West Main Street in Hillsborough that had outlived its usefulness.
3. Donated \$200 to "Jessica's Backpack" program.
4. Collected 138 pairs of eyeglasses, 4 pairs of sunglasses, 4 hearing aids, and 3 ¼ pounds of aluminum pull tabs.
5. PMCST Meg and PCC Don Ager attended the Northeast Pin Swap in Rutland, VT.
6. PCC Don Ager and Lion Mary Rogers attended the monthly Hillsboro SummerFest committee meeting.

- submitted by Roger Racette, Secretary

GAP MTN

Gap Mountain Lions were busy in August. Along with our regular volunteer hours at the Helping Hand Food Pantry, the Community Kitchen, and rides for Seniors, our members found time to do more. Over the past few months we had gathered approximately 600 books, which we organized and donated to the Fitzwilliam Library for their summer book sale.

With the Monadnock Lions club, we staffed the Cheshire Fair admittance gate for 4 very hot days. Due to some COVID cases in both of our clubs, we struggled for enough workers, but all ended well. Thank You DG John! We also did a Diabetes Screening at the Fitzwilliam Fire Dept. Glucose and blood pressure testing was done by our ambulance EMTs. We had a medical professional in attendance to answer questions and diabetes material available to be taken home. Lastly, four of our members attended the District 44N Cabinet Meeting in Winchester.

- submitted by Jeanne Drugg, Secretary

PETERBOROUGH concluded the annual Lucky Duck Race by washing all the ducks to store for the winter. The order has been placed for our annual Christmas Tree Sale. Planning is under way for our Spaghetti Dinner, scheduled for Columbus Day weekend. Our first meeting will be a BBQ at MacDowell Dam, with families and prospective members invited. Lion Roland Patten is working with the town to place our first Trex Bench along the Common Pathway. We are well on the way toward our second goal, with about 200 pounds of plastic collected monthly. Lion Diana Griffin is the new Operation Kid Sight Club Coordinator.

- submitted by Arlene MacArthur, Secretary



Left: front row; Michael Reimer, Dee McGrath-Fischer.
Standing: Marilyn Vose, Lisa Chaing, Roland Patten,
Linda Guyette, Gary Fischer, Anita Fellows,
and Arlene MacArthur.



BROOKLINE LIONS

We are looking forward to resuming our monthly meetings in September. We will again meet on the 1st and 3rd Thursdays of each month at Bruschi Hall. We held our annual club cookout on Saturday, August 6th. A very pleasant afternoon was enjoyed by all attendees

We again sponsored the town's 4th of July Parade. As usual, we had a very nice supportive audience. After the parade with members of the Hollis/Brookline Rotary, hamburgers, hotdogs, chips, water and watermelon were served at the town ballfield.

Members of the American Legion along with volunteers from the audience read the Declaration of Independence. It was nice to resume activities which had been cancelled the past two years.



Bruce "Igor" Ribolini from the Amherst Lions helping out during the recent swim meet.

MILFORD LIONS

We had a concession stand selling breakfast sandwiches, burgers, pizza, and beverages, etc. during a two day event at Keyes Field for the State Swim Meet. Many thanks to all those who helped and to those Lions from the Amherst club who assisted in this event. We truly appreciated the help.

Just received our second Trex Bench from the recycling program. We now have two benches which will be placed at Keyes Park sometime soon. In the meantime, working on a third bench as we continue to collect recyclables. Preparations on the way to begin the year ahead. Will be having another food concession for the upcoming Art & Music Festival on September 17, 2022. Next will be the annual Milford Pumpkin Festival for October 7 - 9, 2022.



ENFIELD-MASCOMA LIONS

The Enfield club wagon was in full force during the month of August. First at the Canaan Old Home Days and then a very busy three days at the Cornish NH Fair. It took a great deal of preparation for the delicious specialties provided – famous fries, sausages with peppers & onions, steak & cheese, chicken tender and hamburger meals. The wagon will finish up the year at the Enfield-Mascoma High School bonfire evening in September.



Lions working at the recent Swim Meet at Keyes Field



New England Lions Council (NELC)
"Serving the Needs of the Districts of New England"

2022 NELC "Fall Weekend"
Theme: Leadership Development
October 14-16

Boxboro Regency Hotel 242 Adams Place, Boxboro, MA / NELC Booking Code is: Lions
978-263-8701 - www.reservationsfrontdesk@boxbororegency.com
Rooms are \$124.00 + Tax / Cutoff Date for the Group Rate is 9/14/2022

Friday & Saturday Evening... Fellowship in the NELC Hospitality Room (Off of Pool Level)
Sat. 9:30-10:30 *Kick-Starting Leadership Development & Creating Deeper "Bench Strength" (GAT Team)
10:45-11:45 *Past International Directors Roundtable... Leadership-Based Stories, Experiences, Insights & Advice from New England's Senior Leaders. Ask Questions of our PIDs!
12PM Luncheon: Updates & Guest Speaker USA GAT Chair Jerome Thompson, PID (w/ Updates on LCICON 2023-Boston & New England's International Candidates)
Sat. 1:20-2:30 *John Maxwell's Five Levels of Leadership Workshop by PID Jerome
3PM-4PM *Necrology Service (Governors Honor Their Districts' Departed Lions)
6PM Banquet/Buffer: & Guest Speaker LCI's Endorsed 3rd VP Candidate Mark Lyon, PID
Sunday AM Gathering: Business Meeting & New England Governors' Reports

Saturday Meals

12:00 Luncheon Buffet: Spinach Salad w/ Walnuts, Apple, Blue Cheese & Balsamic Dressing, Assortment of Deli Sandwiches, Freshly Baked Cookies & Brownies. Soft Drinks, Bottled Water, Herbal Teas, Caffeinated and Decaffeinated Coffees.

Lunch Buffet at \$28 x ___ Total = ___

6:30 Banquet Buffet: Fresh Garden Salad, Boneless Stuffed Chicken Breast with Supreme Sauce, Salmon with Tarragon Cream Sauce, Green Beans & Roasted Herb Potatoes. Dessert Assortment, Coffee & Herbal Teas. Cash Bar.

Dinner Buffet at \$50 x ___ Total = ___

Grand Total = ___

NAME(s): _____

ADDRESS: _____

DISTRICT: _____ DISTRICT/MD POSITION: _____

CLUB: _____ POSITION (If Applicable): _____

CONTACT: Phone: _____ Email: _____

Make Check Payable to: NELC
Mail Check/Form to: PDG Al Goldstein, Treasurer
35 Main Street, Atkinson, NH 03811
OR... Venmo Payment to: AL-Goldstein-2 (Not Case Sensitive)
& Send Imaged/Scanned Form to: algoldstein@comcast.net (Using #1, not "L")

Registration Deadline: October 11th

Questions or Special Dietary Needs to: NELC President Hilary Kumnick, PCC
Cell/Text: 860-638-7869 or: hkumnick@sol.com

PSYCHIC & Craft Fair

SAT October 22, 2022
10am-4pm

Located at the Hudson
Community Center
12 Lions Ave, Hudson

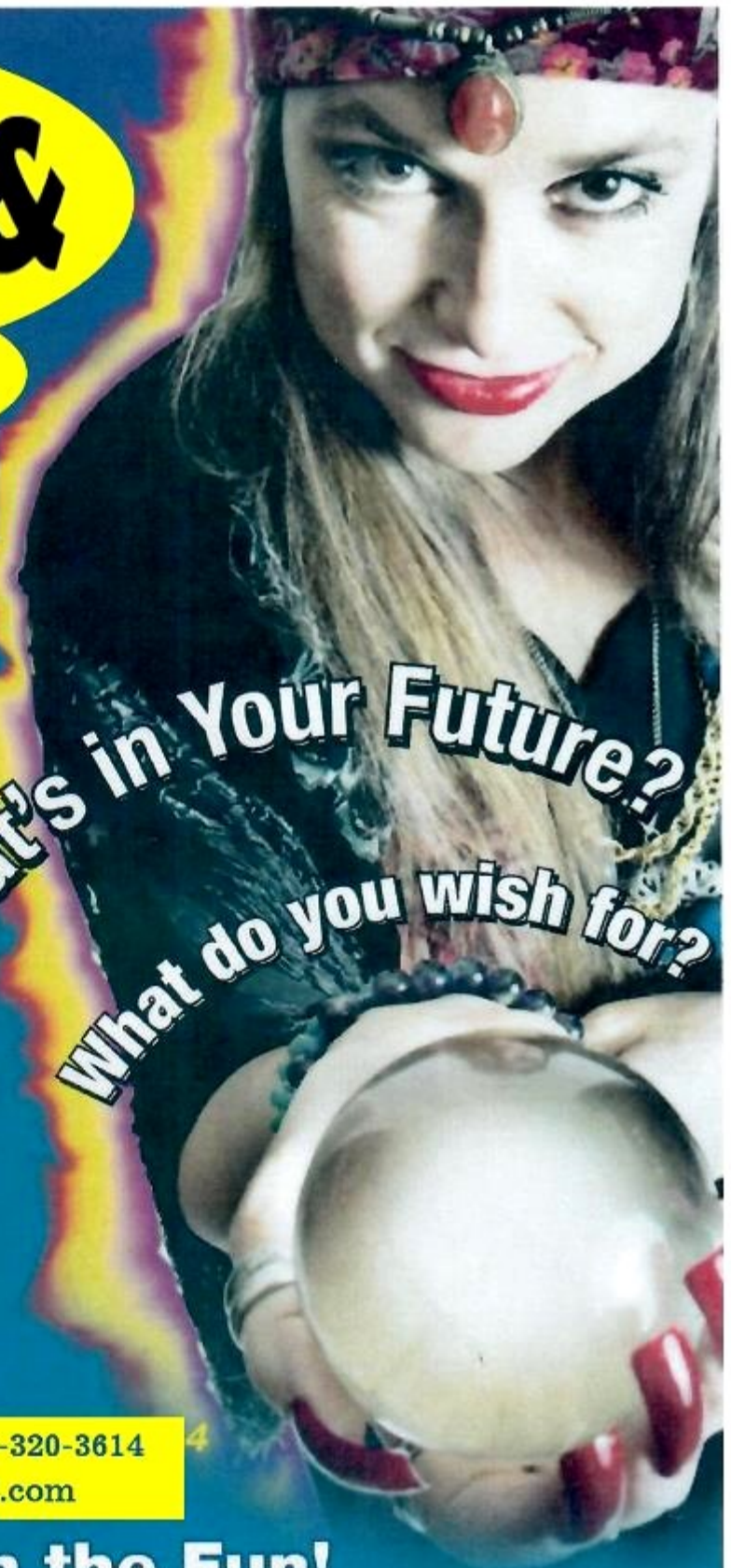


Event Sponsored
by Hudson Lions Club

For Info Contact:

Sholeh 603-557-2490 or Jeri 603-320-3614
email: Sholeh.sexton4@gmail.com

What's in Your Future?
What do you wish for?



Join in the Fun!

Check out our many vendors selling their wares!

www.nhlions.org/hudson



1st Annual Lion's Club Holiday Craft Fair

Saturday October 22, 2022

10:00am-3:00pm

**The James W Foley Memorial Community Center
150 Wakefield Street, Rochester, NH 03867**

Space is Limited on First-Come First Served Basis.

**All Spaces are 10x6 and are \$45.00
Electricity is available for an extra \$5.00**

Payment must be made with Application via:

[Venmo @Rochester-LionsClub](#)

OR

@PayPal RochesterLionsClubNH@gmail.com

***Please Note: You Must provide your own Tables and Chairs.
For an Application Contact: Carol Park @ 603-866-1518***





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Chesterfield, Hinsdale, Keene,
Winchester Centennial

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Claremont, Franklin, New London,
Newport, Sunapee

ZC7 Smyth Bouchard

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Cohase/Woodsville, Lancaster,
Lisbon, Littleton, Whitefield

SEPTEMBER EVENTS

**Global Action (GAT) Team
Monthly Zoom Meeting - 7 PM
Wednesday, September 7, 2022**

**NH44 Seafood Festival
Sunday, September 11, 2002
Hampton Beach, NH**

**USA/CANADA Forum
September 15-17, Calgary, CN
NELC Breakfast om
Saturday, September 17
Westin Hotel, Bonavista Room**

**Hudson Lions Meat Raffle
Friday, September 16
VFW, Hudson NH**

**Art & Music Festival
Saturday, September 17
Keyes Memorial Park
Milford, NH**

**Winchester Pickle Festival
Saturday, September 24
Winchester, NH**

**NH Veterans Home Craft Fair
Saturday, September 24
Tilton, NH**

**Hudson Lions Diamond Jubilee
"75 Year Celebration"
Sunday, September 25
The White Birch, Hudson, NH**

(See Flyers for Details on Events)

LIONS YOUTH SERVICES
2nd Thursday of the month—6:30 pm
SIGHT & HEARING Foundation
Third Thursday of the month—6:30 pm

**LIONS MD44 HEALTH
SERVICES of NEW HAMPSHIRE**
Fourth Tuesday of the month— 6:30 pm
All Above Meet at the AIRPORT DINER

LTSSA TWIN STATE SOCCER
Last Wednesday of the month 6:30pm
Meeting place TBD